

Young Adventurer days away from setting a new world record

Tuesday 15 July, 2014

Ash Dykes a 23 year old from North Wales is only days away from achieving a new world record, Walking Mongolia solo & unsupported, in an attempt to exceed the current 1,012 mile record. His Journey commenced towards the end of May this year from Olgii a settlement which lay to the West of Mongolia.

The trek has taken him through the Altai mountains, Gobi desert & the Mongolian Steppe. Ash is pulling a cart with his provisions & weighs around 150kg across the brutal & unforgiving terrain & climate. During his trek he has currently covered around 950 miles facing snow blizzards, sand storms & relentless heat, resulting in heat exhaustion and having to rest a few days in a small settlement to regain his strength in order to pursue his goal.

Until recently Ash was working in Thailand as a Scuba Dive master instructor and is no stranger to adventure. He has already racked up many adventures since the age of 19, when he first set off on a round the world trip. He has cycled across Cambodia to north Vietnam covering some 1,130 miles taking just 13 days over mountains on a bike with no gears. He also had a similar expedition in Australia and while in India he took the opportunity to experience the Himalayas to name a few.

Ash was contactable just recently whilst he was recovering from heat exhaustion, he still maintained his philosophy "What counts is developing a cheerfulness and quiet determination to keep going and never give up". True to his belief a few days later he was back on track making great progress on his current expedition.

Ash is due to achieve the new world record in a matter of days, he will then continue the expedition in an attempt to achieve a **WORLDS FIRST** Walking the length of Mongolia and is expected to arrive at Choybalsan to the East of Mongolia by mid August.

Ash's route and current position can be found at www.ashdykes.com

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