

?YMCA Lincolnshire's 2017 Sleep Easy event has been confirmed for Friday 3rd March.

Wednesday 11 January, 2017

#SleepEasyLincoln2017 is YMCA Lincolnshire's annual fundraising event, where we challenge you to spend a night sleeping rough, so others' don't have to...

The event, to be held at Lincoln Cathedral on 3rd March 2017, encourages individuals to 'spend a night sleeping rough, so others don't have to.'

Participants will be invited to experience a night on the streets, raising sponsorship in support of Lincoln's homeless and The Nomad Centre project.

YMCA Lincolnshire has hosted Sleep Easy nights since 2010, with last year's event raising over £10,000. Money brought in has helped YMCA Lincolnshire and The Nomad Trust, which works with the most vulnerable people in our society.

The Nomad Trust, Part of YMCA Lincolnshire, is looking to improve the support they provide, through a new direct access and supported accommodation project – The Nomad Centre. Funds raised through Sleep Easy will go directly to supporting the new build.

YMCA Lincolnshire provides various services throughout the county, including housing, health and fitness, youth work, day-care and corporate services.

YMCA Lincolnshire is one of 133 local YMCAs in England and Wales that, together, support more than 200,000 young people every year.

It is hoped this year's event will help YMCA Lincolnshire raise even more funds, as the numbers of rough sleepers of all ages continues to rise and pressures mount on the housing market.

"We are calling on the local community, old and young, to sign up to our Sleep Easy to help us support young people in our services today and into the future." says Malcolm Barham, CEO of YMCA Lincolnshire.

"One night out can make a lifetime of difference."

Are you interested in taking part in YMCA Lincolnshire's Sleep Easy event?

Find out more by visiting www.lincsymca.co.uk/sleepeasy

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