

Write UP! is back - a morning of writing for wellbeing workshops

Monday 20 April, 2020

Margate Bookie Write UP! is back, and this time we're going digital. We've got a jam packed morning for you on Sunday 3 May, and it's all about writing for wellbeing.

It looks like this...

10.45am – log in and say hello over a cup of coffee and biscuit (bring your own) 11am – Writing for Wellbeing with Francesca Baker, where she gives you some tips and tricks to boost your mood with the written word. 11.30am - Finding Purpose, Finding Power with Aki Schilz, Director of The Literary Consultancy, helping you to find your mission and motivation as a writer. 12pm – Vanessa King delivers Doing Well From The Inside Out, all about boosting your resilience. She's worked with the British Army, and knows her stuff. 12.30pm – a chance to share your work, and ask any questions of our tutors. 1pm – wrap up, down tools, and get on with your day!

The entire morning is a bargain price at only £9.99. And you can do it in your pyjamas. What a win.

Tickets are available at www.margatebookie.com

We'll be running the workshop via Zoom. It's dead easy. We'll send out a link to everyone who has signed up a couple of days before the event.

Got a question? No problem! Email Francesca at cesca@margatebookie.com

We hope to see you there!

Write UP! is a new programme of co-created events running throughout the year which build on the success of our flagship Margate Bookie litfest. Write UP! offers people of different ages and walks of life a chance to meet others through friendly and fun book-related events.

The Margate Bookie is a charity which aims to inspire a love of reading and writing through the provision of annual literary festivals and creative courses. The events engage the local community and visitors in literary and artistic activities, encouraging them into spaces and experiences they haven't previously enjoyed. We believe sharing stories builds resilience.

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