

Walk the Great Wall of China with Essex & Herts Air Ambulance

Thursday 15 November, 2018

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Essex & Herts Air Ambulance is inviting supporters to take on the challenge of a lifetime by taking part in a trek along the Great Wall of China next year.

The 'Walk the Great Wall' trek, from 12th to 20th October 2019, will see participants complete five days and 36km of trekking along one of the new wonders of the world.

As well as walking along this historic and world-famous landmark, the trekkers will have an opportunity to help repair a section of the Great Wall and experience the fascinating culture of China.

Sabi Stafford, Essex Fundraising Manager at EHAAT said: "We are delighted to be able to offer supporters the chance to see this iconic landmark first-hand while raising money for their local life-saving Charity.

"Those who take part will make new friends, collect memories that will last a lifetime and have the satisfaction of helping an amazing cause. A minimum fundraising target of £3,300 is required to take part in the trek, and we have plenty of ideas and advice to help people reach their target."

Until 14th December anyone interested in taking part can register at <u>ehaat.org/trek2019/</u> for the early bird price of just £250. After that the price will rise to £299.

A free information evening about `Walk the Great Wall' is being held at 7pm on Wednesday 21st November at Holiday Inn Express, London Stansted Airport, Thremhall Avenue, Stansted, CM24 1PY. Representatives of the Charity and Global Adventure Challenges will give presentations on the trek and answer questions.

For more information or to receive an information pack, contact the Fundraising Team on trek@ehaat.org or by calling 0345 2417 690.

-ENDS-

Photograph: (To mark the launch of `Walk the Great Wall' Pre-hospital Doctor Ali Watts and Critical Care Paramedic Laurie Phillipson welcomed two Chinese Lions to EHAAT's Airbase at Earls Colne)

For more information please contact Gavin Sherriff, P.R. Officer, on 0345 2417 690.

Notes to Editor:

Essex & Herts Air Ambulance (EHAAT) is a Charity that provides a Helicopter Emergency Medical Service (HEMS) for the critically ill and injured of Essex, Hertfordshire and surrounding areas.

The service is provided free of charge but, unlike NHS emergency services, the Charity receives no direct funding from the Government or National Lottery. It costs in excess of £500,000 every month to keep the service operational and saving lives, and this would not be possible without the generosity and goodwill of people and businesses of Essex, Hertfordshire and beyond.

Each of the Charity's HEMS teams consist of a Pilot, a Co-pilot, a Pre-hospital Care Doctor and a

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Critical Care Paramedic.

These teams, made up of highly-skilled individuals, tended to 1505 patients in 2017/18 and are the backbone of your local life-saving Charity.

The fleet, consisting of two Air Ambulances, and four Rapid Response Vehicles (RRVs - cars) operates seven days a week from 7am to 9pm. After sunset, the Critical Care Team continues to provide the service using Rapid Response Vehicles.

In addition, a Rapid Response Vehicle is operational on a Friday and Saturday evening from 6pm until 2am with a Pre-hospital Care Doctor and Critical Care Paramedic.

<u>Distributed By Pressat</u> page 2 / 3



Company Contact:

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Essex & Herts Air Ambulance

T. 0345 2417 690

E. <u>stuart.ward@ehaat.org</u>
W. <u>https://ehaat.org</u>

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<u>Distributed By Pressat</u> page 3 / 3