UK's Ovarian Cancer Support Charity Ovacome set to visit Norwich with free support event for those living with Ovarian Cancer

Thursday 10 July, 2025

Ovacome, the UK's ovarian cancer support charity, are providing a free Health and Wellbeing Day at the Mercure Norwich Hotel in Norwich on Saturday 19 July 2025. The charity invites anyone who has been affected by ovarian cancer, including friends and family of those diagnosed, to attend the event. On the day attendees will learn more about keeping themselves well following their diagnosis and meet others who also have been diagnosed with the disease. The event will host experts giving presentations on available treatment options and information about developments in research into the disease.

7,500 people are diagnosed with ovarian cancer every year, and one in 50 women can expect a diagnosis in their lifetime. Ovarian cancer is classed as an uncommon cancer, many diagnosed with the disease can feel isolated, which is one of the reasons why these events are so important.

Anna Hudson, head of Ovacome's Support Services commented on this event saying:

"We're delighted to be visiting Norwich for this Health and Wellbeing Day. This is our first Health and Wellbeing Day that we've hosted in Norwich and we're looking forward to meeting as many of our members as we can. These events are informative and a great opportunity for our Ovacome Community to come together to socialise, make friends and form new connections."

"For this event we've also got a fantastic line-up of sessions and expert speakers, including a talk delivered by local Consultant Gynaecologist, Dr Nikos Burbos – who is based at Norfolk and Norwich Community Hospital. We will also have some time to talk a bit about Ovacome and the support we can offer, which will be useful for those who haven't been to many of our events or have only just heard about us as an organisation."

Alongside a talk from Dr Nikos Burbos, attendees can expect a session on 'Scar therapy' with Fiona Kent and Pryscilla Borrajo, a talk from clinical nurse specialist Siobhan Falco, a session on meditation with Dee Williams and a craft tapestry session led by Faith Caton.

To book and find out more information, including timings and the full agenda for the day, visit https://www.ovacome.org.uk/event/norwich-hwd , call 0800 0087054 or email ovacome@ovacome.org.uk. Anyone with a diagnosis of ovarian cancer, friends and family members are welcome to attend. Ovacome are able to provide practical and financial assistance for travel or accommodation, if required.

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This event has been kindly funded by the Childwick Trust.

Interviews are available on request.

For more information contact Sam Wilson, Communications Officer.

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About Ovacome

Ovacome is the UK's ovarian cancer support charity. We have been providing personalised support and information to those diagnosed with ovarian cancer and their loved ones since 1996.

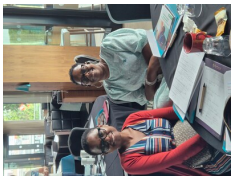
We are at the heart of the ovarian cancer community and as a membership charity, we work directly to meet the needs of those affected by the disease.

Our support services include:

· Telephone, email, text and instant chat support

Media:





Related Sectors:

Charities & non-profits :: Health :: Lifestyle & Relationships :: Medical & Pharmaceutical :: Women & Beauty ::

Related Keywords:

Ovarian Cancer :: Cancer Support :: Norwich :: Free Event :: Norwich Cancer Support :: Ovarian Cancer Support Norwich :: Norwich News :: Norfolk News :: East Anglia ::

Scan Me:

· An online forum

· Regional events including health and wellbeing days and information sessions

· A programme of online talks, workshops and support groups

We also work to raise awareness of the signs and symptoms of ovarian cancer, as well as the lived experiences of those affected by it. We run our B.E.A.T symptom awareness campaign among the general public and educate student doctors and nurses through our Survivors Teaching Students programme.

We work alongside clinicians and researchers to ensure that patient voices are heard in policy and research.

Find out more about our work by visiting ovacome.org.uk.

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