

# UK October tour highlights practical spirituality and seven spiritual virtues from upcoming book, Becoming a Sun

Wednesday 17 September, 2014

From October 3-7, David Karchere, Spiritual Director of Emissaries of Divine Light, will facilitate practical spirituality seminars in England. The first three seminars, happening at Mangreen Trust in Norwich, will explore topics such as seven spiritual virtues and the creative process. The final seminar will be hosted by TruthJuice at Kings Heath, Birmingham.

### Topics of Norwich seminars include seven spiritual virtues, practical spirituality and energy medicine work

The evening seminar at Mangreen on Friday 3 October is titled Practical Spirituality: An Operator's Guide to Being Human. Topics will include emotional intelligence and personal spiritual practices, and participants can expect to discover tools to align mind and body for optimal creative expression. The cost is £10, and the event will run from 7:30 p.m.–9 p.m.

On Saturday 4 October, from 10 a.m.–5 p.m., Karchere will present the seven spiritual virtues covered in his upcoming book, *Becoming A Sun*. Sunday 5 October will incorporate Attunement, or energy medicine work, with a worship service at Mangreen at11 a.m. The afternoon will include a workshop on Attunement, concluding at 6 p.m. with an international teleconference. The Saturday and Sunday events cost £35 each.

#### Birmingham seminar emphasizes the process of spiritual awakening

The seminar hosted by TruthJuice will explore the seven spiritual virtues. The title is Becoming A Sun: The experience of letting our spiritual radiance come all the way through, and will be held at 8 p.m. on Tuesday 7 October at Kings Heath, Birmingham. The cost is £5.

"This will be an inspiring, empowering day for spiritual awakening and personal development," Karchere says.

Emissaries of Divine Light offers programs around the world that assist people to open emotionally and grow spiritually. Their goal is to bring healing at all levels so that human consciousness becomes whole and deeply connected with Divine Source. For more information, visit www.emissaries.org.

#### Registration:

Mangreen Trust (Norwich) Naomi DuffieldTrust@mangreen.co.uk 01508 570444

TruthJuice (Birmingham)
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#### **Additional Assets:**

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