Transformative Women's Safety Guide Unveiled to Tackle Rising Violence Against Women

Thursday 12 December, 2024

Three weeks ago, NEVER A VICTIM – The Definitive Guide to Women's Safety, a book filled with valuable information was launched, offering an empowering and positive approach to personal safety for women.

Written by safety expert and advocate Robert Kaiser, the book has already sparked conversations nationwide as it addresses the alarming reality of violence against women while empowering readers with the tools to significantly reduce their risk of harm.

With over three decades of research, collaboration with survivors, and close work with support organisations and government agencies, Robert Kaiser delivers a comprehensive, trauma-informed guide. From practical safety strategies to understanding manipulative behaviours of abusers, NEVER A VICTIM aims to arm women with the knowledge and confidence to recognise and respond to potential threats.

This timely release follows shocking statistics from 2023, when police recorded over 68,000 rapes in England and Wales, and an estimated 800,000 women fell victim to sexual assault. With over 90% of these crimes committed by men, the book underscores the urgent need for a societal shift in attitudes toward women's safety and male violence.

Divided into two parts, NEVER A VICTIM explores:

Pathways to Safety: Awareness, intuition, safety planning, and self-defence.

Specific Crimes: Including domestic abuse, stalking, spiking, sexual assault, and technology-enabled abuse.

The book also challenges harmful misconceptions, reaffirming that no woman's attire, behaviour, or choices make her responsible for violence. Its compelling narrative empowers women to trust their instincts, set boundaries, and take control of their safety without fear or blame.

Robert Kaiser commented:

"This book is not just a guide; it's a call to action. I want women to feel equipped to live fearlessly, trusting their intuition and recognising their right to safety. While no guide can prevent violence entirely, NEVER A VICTIM provides tools that could make a life-changing difference."

With its trauma-informed perspective and survivor-led insights, the book has been praised for its sensitivity, practicality, and depth. NEVER A VICTIM – The Definitive Guide to Women's Safety is available now in hardcover, eBook, and PDF formats.

For review copies, interviews with Robert Kaiser, or more information, please contact:

Women's Safety at PPSS Group

Ethan Blin, Head of Marketing

Email: eb@ppss-group.com

Tel: 0845 5193 953

Media:



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Scan Me:

Company Contact:

PPSS Ltd

T. 08455193 953
E. eb@ppss-group.com
W. https://www.ppss-group.com/

Additional Contact(s):
Please contact Ethan Blin, Head of Marketing

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