Tinnitus charity chief executive comes to Isle of Man tinnitus support group

Monday 10 February, 2020

10 February 2020: The Chief Executive from the British Tinnitus Association (BTA) will be speaking at the next meeting of the Isle of Man tinnitus support group. The meeting will take place 2.30– 4.30pm Thursday 26 March, at the Manx Deaf Society, 3 Somerset Road, Douglas IM2 5AD

It is estimated that 10,000 people on the island experience tinnitus – approximately 1 in 8 adults.

The group enables people with tinnitus to meet others with the condition, hear useful tips on coping methods, find out what help is available and hear about the latest research.

David Stockdale, BTA Chief Executive will be giving a talk about the work the BTA does to support those who experience the condition, the latest research, and answering questions from members.

David comments: “I am looking forward to coming to the Isle of Man tinnitus support group and speaking with everyone. When visiting groups, it’s always great to see people coming together and their willingness to offer support and advice to others based on their own experiences.”

Tinnitus is defined as the experience of sounds with no external source, most commonly ringing or buzzing, but sometimes experienced as whooshing, clicking or even music. Around one in eight people experience persistent tinnitus. Many people aren’t troubled by sounds they hear, but for around 20%, the condition has a significant impact on their quality of life, often linked to stress, anxiety or sometimes depression. One in seven people with tinnitus have had suicidal thoughts.

David adds: “Tinnitus can be an isolating condition, and we’re keen to spread the word that not only is there help out there, but we are driving research forward to develop new management techniques and ultimately, a cure.”

If you would like to find out more, please contact the Audiology Department, Noble's Hospital:

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Ends

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Notes to Editors

- The British Tinnitus Association (BTA) is an independent charity that supports over one million people living with tinnitus each year, and advises medical professionals around the world. It is the primary source of support and information for people with tinnitus in the UK.
- Tinnitus is the sensation of hearing noises in your ear or head when there is no external cause. The noise can have virtually any quality including ringing, buzzing, hissing and whistling.
- Around 1 in 3 people will experience tinnitus at some point in their life. Over 7.1 million adults in the UK are living with persistent tinnitus, and for 10% of them, it can severely impact their quality of life, affecting sleep, mood, concentration, employment and relationships.
- There is not currently a cure for tinnitus, however, there are several strategies that can be helpful in learning to manage the condition.
- Tinnitus costs the NHS £750 million annually, with a cost to society of £2.7 billion per year.

Website: www.tinnitus.org.uk

Media:



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The British Tinnitus Association is a registered charity. Registered charity number 1011145.

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