This Girl's Ability needs your support as they strive to help disabled girls and young women flourish

Wednesday 26 October, 2022

This Girl's Ability needs £9,000 to help them start their non-profit community company, which seeks to decrease the isolation of disabled girls and young women and forge deeper connections within their community. Disabled people were disproportionately affected by COVID-19, and This Girl's Ability is committed to supporting their recovery post-pandemic.

The £9,000 raised through Crowdfunder will be used to provide weekly sports and creative sessions for disabled girls and young women in Havering and Essex.

Through regular group interaction, they aim to prevent and improve mental health, help members grow in confidence and learn new skills to improve employability, and provide sporting opportunities to this group not known to partake in physically active hobbies.

They aim to create a sustainable project by making the most of their current connections and creating new collaborative links with national governing bodies, sports clubs, local businesses, and community groups.

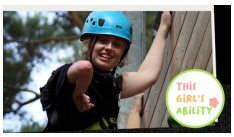
Georgie Hart, Director and Ambassador at This Girls Ability, said: “I believe this is an important project. Growing up as a disabled girl with cerebral palsy was very hard at times. A club in my local community would have helped me make friends, given me more confidence and made such a difference in my life.”

The money they hope to raise through Crowdfunder will enable them to empower disabled girls and young women. If we can raise £4,500, Sport England has confirmed they will pledge the other half! They have some great rewards to claim with your donation. The community project will help to tackle inequalities and reach another area of regional deprivation.

This Girl's Ability has big dreams for their future, and by donating or purchasing a reward, you will be part of their journey and help them hit the ground running!

Donate at https://www.crowdfunder.co.uk/p/thisgirlsability

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