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“Understanding the drinking mind is crucial to helping overcome alcohol addiction, says stopdrinkingexpert.com”

FOR IMMEDIATE RELEASE

(London, England) -- Reports from the World Health Organisation indicate global alcohol use is on the rise with an estimated 6.2 litres now being consumed per person aged 15 or older over the course of a single year. Cases of alcohol use disorders continue to surge while 3.3 million annual deaths around the world are attributed to alcohol consumption. In response to this upward trend, leading online alcohol addiction treatment specialist, Craig Beck is bringing his latest live stop drinking events to London, England.

"As a former heavy drinker myself, I fully understand the feelings and thought processes behind the addiction," said Beck. "I'm also well aware of how difficult and ineffective conventional stop drinking programmes can be for so many people. After considerable research and soul searching, I finally found a method that worked for me, one that helped me control my cravings without willpower or withdrawal. I'm proud to share this knowledge with others and help people all over the world break free from their alcohol addiction in a single day."

Beck's quit drinking events are set to trial in London on May 27, 2018. From there, his upcoming tour will venture to Australia and on to the United States before ending in Bangkok in late November. Additional venues will be added over the course of the tour depending on demand. Booking information and further details are available through the Stop Drinking Expert website.

Sources note Beck's seminars cover a wide range of relevant topics, such as the reason for high failure rates of traditional addiction treatments. Methods for controlling cravings and avoiding withdrawal are likewise explained. Understanding the enormous benefits of sobriety and handling social situations without alcohol is additionally among Beck's areas of expertise. Seminars are surrounded by full discretion with personal information, and identity kept confidential at all times.

Concluded Beck, "Over the years, I've grown to understand the drinking mind better than anyone else, and I'm proud to have helped more than 50,000 people transform their lives. Anyone in need of help with alcohol addiction is encouraged to reserve a spot at one of my upcoming seminars or submit a request for a nearby venue to be added to my itinerary. There's no reason to keep life on hold any longer. I look forward to offering the benefit of my experience and knowledge to help even more people quit drinking in just a single day during the events to come."

About Stop Drinking Expert:

Dedicated to transforming people's lives, Craig Beck, a 43 year old British man who has become known as *The Stop Drinking Expert* helps people quit drinking without willpower, cravings or withdrawal through first hand experience and far-reaching expertise.

“*I do not believe problem drinkers are weak-willed or broken. Or that they should have to spend the rest of their lives avoiding the thing they want the most. That is not freedom, or any sort of cure it is a living hell. My method works so well because I address the underlying reasons behind addiction and not just the symptoms*”, says Craig Beck

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https://www.stopdrinkingexpert.com/stop-drinking-seminars/

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