Six runners. 12 hours of running. 100.3 miles covered. £795 raised for The Sick Children's Trust.

Thursday 27 August, 2020

Six Seaham runners volunteered their Saturday to run a 12 hour relay around their homes to raise money for The Sick Children's Trust.

The group of friends, also known by their running name of Team Tedious, set off at 8am on Saturday 22 August and ran laps of a three mile loop until 8pm, clocking up 100.3 miles between them and £795 for The Sick Children's Trust.

The Sick Children's Trust supports families with children in hospital by giving them a place to stay, free of charge, just a stone's throw away from the hospital wards. Andrew Young, who organised the run, has worked with a number of families who have been given a place to stay at the charity's Newcastle 'Homes from Home' Scott and Crawford Houses. **He said:**

"It was possibly the hardest running I've ever done in my life but we completed 100.3 miles between us and we had somebody running at every minute from 8am until 8pm. We have smashed our £570 target for fundraising.

"On Sunday, I think we all felt it in our legs. I also took a tumble on my second lap which was a hefty fall but I continued on and completed it, although it was a struggle! Now, we've got this one in the bag I'm training for the virtual Great North Run to raise more money for this incredible charity."

The Sick Children's Trust supports almost 3,800 families every year by giving families a place to stay across it's ten 'Homes from Home' and relies entirely on voluntary donations. With events like the Great North Run being cancelled, The Sick Children's Trust needs support now more than ever. **Charlotte Coldrey, Community Fundraising Officer for The Sick Children's Trust, said:**

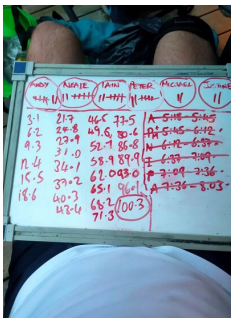
"Andrew and the team are simply fantastic. They have been planning this running challenge for such a long time, and train so hard for it. Their determination and motivation is just so inspiring, we can't thank them enough for all their hard work and choosing to support us.

"As if that wasn't enough for their legs to conquer, Team Tedious are now training for our event My GNR, a virtual take on the Great North Run. We are encouraging all our families, friends and supporters to run 13.1 miles on the weekend of 12 and 13 September. You can do it as a relay with family and friends or by yourself. Whatever you decide to do, by taking part you will be helping us to be there for families when their child is in hospital."

To find out more visit: sickchildrenstrust.org

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