

## Shaken Udder Milkshake is Perfect for Summer Sipping

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Planning a picnic, a day at the beach or filling your cool box for festival season? Then stock up on cool and refreshing Shaken Udder for the ultimate thirst-quencher this summer.

With their history steeped in summer revelling (Shaken Udder launched at music festivals back in 2006), these 100% natural, low fat and low sugar milkshakes not only taste good, but also do good. Packed with calcium and immune-boosting vitamin B12, Shaken Udder is an easy choice for summer days.

Protein-packed and energy boosting, Shaken Udder is a fantastic alternative to sugar-laden fizzy drinks and juices and a popular choice with festival-goers looking for a fresh and restoring drink amidst the high-octane festival fun.

For picnics or days at the beach, why not chill a few milkshakes and add them to your coolbox? Or, for something different, why not blend your favourite flavour with fresh fruit and freeze it to make delicious and healthy ice lollies for the kids for after-school refreshment or healthy holiday treats?

Outdoor enthusiasts can also benefit. Pop a few bottles of Shaken Udder in your back-pack before heading out for a country walk or hillside hike. Packed with protein, Shaken Udder will provide a welcome energy boost in the summer heat.

Available in four delicious flavours: Top Banana, Chocolush, Vanillalicious and Salted Caramel, there's a Shaken Udder Flavour to suit all tastes, whilst Shaken Udder Kids cartons are available in Strawberry, Banana and Chocolate.

Shaken Udder milkshakes are available from Tesco, Waitrose and Ocado. For more information visit [www.shakenudder.com](http://www.shakenudder.com)

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