

## Shaken Udder Is Your Festival Friend

Thursday 5 February, 2015

Whether you need something to pep you up after a heavy night, a quick breakfast fix or a tasty drink that will refuel your energy, Shaken Udder is a must-pack for your festival kit bag.

Chocked full of immune-boosting vitamin B12, calcium and protein, Shaken Udder is the perfect pick me up, helping to restore vital vitamins, sugars and energy.

Best of all, it can even help cure a hangover as the perfect mix of proteins and sugars allows your body to restore its vital nutrients in one quick and delicious drink.

"We've been attending music festivals since we launched Shaken Udder in 2004 and they've always been incredibly popular with festival-goers," explains Jodie Farran, co-founder of Shaken Udder and music festival fan. "People don't always want fizzy or alcoholic drinks, instead a nice, refreshing milkshake can work wonders for heavy heads and tired bodies!"

Available in 300ml bottles and 200ml ambient cartons, Shaken Udder milkshakes are small enough to fit into a rucksack and the ambient Shaken Udder Kids cartons don't need to be refrigerated, making them perfect for campers!

Shaken Udder 300ml bottles are available in three flavours: Chocolush, Top Banana and Vanillalicious. Shaken Udder Kids cartons are available in Strawberry, Banana and Chocolate and are available in the three pack (RRP £1.89) for easy packing. Both ranges are available in Sainsbury, Tesco and Waitrose. For more information visit [www.shakenudder.com](http://www.shakenudder.com)

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