

## Recipes with a Story – ChefDeik

Wednesday 17 September, 2025

London Book Publisher proudly announces the release of *Recipes with a Story – ChefDeik*, a cookbook unlike any other. Written by Emilio Deik, known to his readers as ChefDeik, this work blends carefully tested recipes with the rich stories behind them, brought to life through exquisite hand-painted botanical illustrations.

### A Cookbook Four Years in the Making

This project took more than four years to complete, not because of the recipes alone, but because of the artistry that accompanies them. Each of the 80+ dishes is paired with a unique story and a meticulously painted illustration, some of which took over eight weeks to create. The result is more than a cookbook: it is a work of art that can be read, cooked from, and admired.

### More Than Recipes

*Recipes with a Story* rests on three pillars:

- Delicious recipes – well-tested and written with clarity for home cooks.
- Stories with flavour – cultural histories and humorous anecdotes that enrich each dish.
- Botanical-style illustrations – replacing conventional food photography with artwork that captures the soul of the recipe.

The book also introduces a recipe-building matrix system that allows readers to create countless variations of classics such as quiche, risotto, pizza, and sandwiches with freedom and confidence.

### Why It Matters

In an age of quick food videos and fleeting trends, this book brings back the depth of culinary heritage. It explores identity, cultural memory, and the traditions that shape the way we cook today. Early readers and local chefs have praised its authenticity, heartfelt tone, and artistic beauty.

### About the Author

Emilio Deik is an avid amateur cook who turned his passion for food into an online brand and now a book. Having a business and innovation background, he infuses storytelling, flavour, and creativity in each project. He has appeared on radio, podcasts, and on social media and will be conducting launch events and online sessions to reach readers.

### Availability

*Recipes with a Story – ChefDeik* has been published in 2025 by London Book Publisher. The book will be available worldwide through Amazon, Barnes & Noble, and [www.chefdeik.com](http://www.chefdeik.com).

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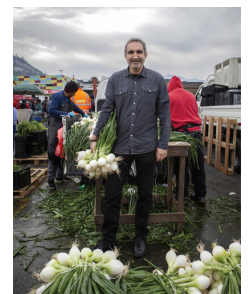
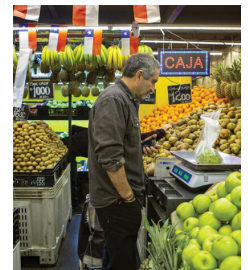
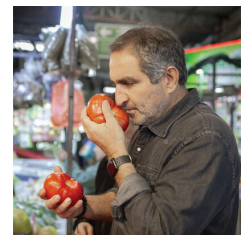
Purchase the book, visit [www.chefdeik.com](http://www.chefdeik.com), and follow @chefdeik on Instagram for updates, events, and behind-the-scenes stories.

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