

PRINCE OF WALES'S EXPEDITIONARY AWARDS ANNOUNCED

Friday 19 April, 2019

Rowing across the Atlantic, trekking in the Guyanese jungle, canoeing on the Amazon and building a toilet block for orphans in Peru before taking on the Salkantay trail to Machu Picchu. These are some of the highlights of The Ulysses Trust's 2018 Prince of Wales's Expeditionary Awards which this year included a special individual commendation.

Each year the Trust presents the awards for the best expeditions it has supported in the previous year. These awards highlight the very best in leadership, challenge, courage and planning. The categories are: Cadet Forces, Volunteer Reserve Forces and University Officers' Training Corps Units. Each of the award-winning units will receive a unique certificate signed by The Ulysses Trust's patron, HRH The Prince of Wales.

Cadet Category: Exercise: INCAN VENTURE ADVENTURE: This ambitious exercise was undertaken during the RAF 100 celebration year. It saw 24 Cadets and 8 staff from Sussex Wing Air Training Corp (Seaford, East Sussex) travel to Peru where they helped build a toilet block for an orphanage on the outskirts of Cusco. Following this, the Cadets completed a five-day 75km trekking expedition on the Salkantay trail. Cadet Harvey Betts of 1015 Horsham Sqn said: *"I didn't realise what an effect the project would have on me, I came here for the mountains but will be going home more thankful for the little things I have and the support of my family because these guys just don't have that."*

Reservist Category: Exercise: NORTHERN AMAZON SERPENT 2018: A team of 17 Reservists from 225 Medical Regiment (Glenrothes, Fife) completed 150-mile canoe journey down the Amazonian River Negro in Brazil. Each day consisted of 6-8 hours of canoeing which was broken up by periods of trekking into the jungle. Here the group learned survival skills, observed jungle wildlife and met members of the local population. LCpl Trevor Stewart East said, *"During the trip we trekked in to the jungle and learned many skills and techniques vital to survival in the jungle from shelter building, where to find clean drinking water, how to get a fire lit and hunting and foraging for food."*

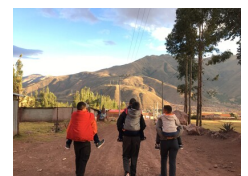
University Category: Exercise: GUYAN EMU: Ten students from East Midlands Universities' Air Squadron (based in Beeston, Nottingham) travelled to the South American Guyanese jungle. Here they constructed a camp designed by the local people to support the local tourist trade and benefit the local population. Afterwards the students undertook nine days of jungle survival training, which included fire lighting, navigation and hunting. Officer Cadet Jinni Sur said, *"For me the expedition had a bit of everything, I overcame mental and physical challenges as well as learning about some of my strengths. I got to give to a community as well as take away an array of knowledge from it. Not only this but I got to do all this in such an environment I never thought I'd get to experience...the jungle!"*

PRINCE OF WALES'S COMMENDATION: Exercise: ATLANTIC TRIDENT 2017: Between Dec 17 and Jan 18 Cadet Force Adult Volunteer Sergeant Jordan Beecher (an ambassador for Oxfordshire Army Cadet Force) and Captain Jon Armstrong rowed over 3,000 nautical miles across the Atlantic Ocean in the Talisker Whiskey Atlantic Challenge - the world's toughest rowing race. The pair endured storms, 40-foot waves, physical and mental hardship and capsizing, to set a new World Record for the fastest pair's crossing of the Atlantic. What makes this achievement even more remarkable is that Sergeant Beecher is a below knee amputee following an explosion whilst serving with the Parachute Regiment in Afghanistan. Captain Armstrong said, *"Whilst on the Atlantic the conditions pushed us both to our physical and mental limits and we came to rely on each other for comradeship, companionship and survival."*

The announcement of the Awards coincides with the publication of the charity's Annual Review 2018 which highlights another successful year for the Trust. Copies are available on request or at www.ulyssesrust.co.uk

The Ulysses Trust welcomes applications from Cadet, Reservist and University Officer units seeking financial assistance for their own expeditions. The Trust also welcomes donations to help support others to benefit from these life-changing experiences. Find out more or make a donation via www.ulyssesrust.co.uk

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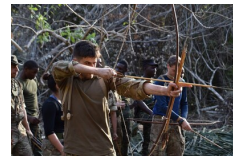
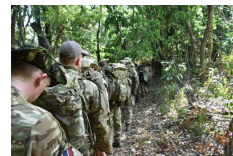
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