Pasta making classes in Bologna and culinary travel is the new trend amongst foodies.

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Emilia Delizia an innovative food travel company launches its new packages of culinary experiences in Italy. Foodies will be able to take pasta making classes in Bologna and other hands-on culinary experience in the region which is the mecca for modern Italian cuisine: Emilia Romagna.

Bologna is renowned for its rich and decadent cuisine and it never failed to attract foodies from all over the world. Now Emilia Delizia offers the possibility to have a culinary hand-on experiences and learn how to make fresh egg pasta from scratch. Gourmet holidays makers will be taken by the chef to a food tour in the city ancient markets to buy the ingredients, here they will learn how to choose the best and the freshest along with some historical notes about Bologna's food history. Later in the day they will be creating a 3 course meal starting from the most basic ingredients: flour and eggs. The menu will include the pasta main dish such as tagliatelle, and its ragu' sauce to go with, a traditional meat or vegetarian second course and finally a dessert from the vast Italian repertoire of recipes. Classes are available for amateur cooks and for those interested the company is also available to teach at professional level.

Furthermore Emilia Delizia is also offering the possibility to visit local food producers around Bologna. A day trip to discover the production of Parmesan cheese, Traditional Balsamic Vinegar of Modena and Parma ham. The tours are organised with an English speaking guide and transport for who doesn't want to drive. The tour will also include a gourmet lunch with all the specialities of the region.

Bologna can be reached very easily from the UK with the low cost airlines for a foodie weekend. For those interested in all in one package: cooking classes, gourmet tour and accommodation can click here for more information.

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