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## Paisley dad to 'go for gold' at British Transplant Games

#### Wednesday 1 August, 2018

A man who received a life-saving transplant will join hundreds of transplant athletes to compete in the British Transplant Games this week.

David Mushet suffered from primary sclerosing cholangitis, a chronic liver condition, which resulted in him having a liver transplant in January 2013. Since his operation, he has become very active and takes on many sporting challenges including fundraising for The British Liver Trust.

Last year, David took home bronze in the 5k race walk in his third successive British Transplant Games. This year, he will be looking to improve on this achievement.

The four-day annual sporting event, which begins on 2nd August in Birmingham, is expected to attract more than 800 children and adults from across the UK who will compete in a range of events including athletics, cycling and football.

David said: "Winning is brilliant, but it's not about that. It's a celebration of life and of the people who made the ultimate sacrifice to give other people this opportunity.

"Everybody is a winner here and that's what makes it special and that's why people come."

Audrey Cornelius at British Liver Trust said: "We wish David and all those taking part in the Transplant Games lots of luck. It's an incredibly special event of celebration and appreciation and we hope everyone involved enjoys themselves."

The British Liver Trust is the leading UK liver charity for adults; raising awareness of the risk factors of liver disease and providing support and information to patients and their families. They also campaign for better patient care and treatment. The Trust is there to help everyone affected by liver disease, whatever the cause and wherever in the UK they live.

For more information on liver disease, please visit <u>www.britishlivertrust.org.uk</u> or to find out the British Transplant Games, visit <u>http://www.britishtransplantgames.co.uk</u>

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