

No one should have no one this Christmas in Lambeth

Tuesday 13 November, 2018

With Christmas speeding towards us, <u>Age UK Lambeth</u> are launching their Christmas Campaign to provide 65 meals for older people who would otherwise be alone and are asking the local community to support them with donations.

On Christmas Day we open up the doors of Vida's and provide 40 meals to our clients who would be on their own, we also deliver another 25 meals to those who prefer to stay at home. We know this makes a huge difference to older people and we are proud to say we support them on Christmas Day.

Graham Gardiner, Age UK Lambeth's CEO, says "Christmas is a really difficult time for those who are alone. When you are lonely and isolated Christmas Day is just like every other day of the year, and we want to change that for as many people as we can. More than 56% of people aged over 65 live alone in Lambeth, your donations could help make a difference this year."

People can make donations by visiting https://www.justgiving.com/campaign/LambethChristmas or by texting AUKL25 £5 to 70070 to donate £5 via Justgiving by Vodafone.

We are aiming to raise £3,000 from the campaign and anything that we don't need for Christmas Day will go towards our MYsocial service that helps reduces loneliness by encouraging people to discover friendships, connect with their community and do things that make them happy.

Age UK Lambeth is a local independent charity who have been supporting older people for over 70 years, we are affiliated with Age UK but raise all our own funds to pay for local services for older people in Lambeth.

You can make a donation online at https://www.justgiving.com/campaign/LambethChristmas or by phone by texting AUKL25 £5 to 70070 to donate £5 via Justgiving by Vodafone. Or by sending a cheque made payable to Age UK Lambeth to: Christmas Campaign, Age UK Lambeth, Third floor, 336 Brixton Road, London, SW9 7AA.

Media:





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Christmas :: Dinner :: Food :: Lonely :: Older People :: Isolated :: Age UK Lambeth :: Lambeth :: Alone :: Community :: Volunteers :: Christmas Dinner ::

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