

## NLP Training Online - Develop your success system

Tuesday 3 March, 2020

Business NLP Ltd are now offering a unique online video programme designed to help to develop your own 'success system' to help you achieve whatever is important to you in your life.

A success system will help you move towards success and fulfillment both quicker and with more satisfaction.

The course works by you watching each short video and reading the transcript, then answering the short exercise at the end of each section. You can share your answers in the discussion with other students. We all have our individual opportunities and challenges in life so you can be as influenced as much or as little as you want by other participants' answers – however it's tremendously empowering to be able to read other approaches.

We all have different approaches to learning. It's possible to watch and read the videos and transcripts and complete the 39 exercises and post your answers in 6 hours. However we recommend taking 1-2 hours a day, 5 days a week over 4 weeks - This gives you a chance to fully reflect on your answers and post them the following day, this leads to a more powerful learning experience. For those that want to take longer the course will be live for at least 3 months.

### Chapter 1 Programme Overview

- 1.1 Welcome. How to use our training platform.
- 1.2 Introductions.
- 1.3 Course Structure.
- 1.4 How to get the most value from the course.

### Chapter 2 Concepts and principles

- 2.1 Your hero or heroine's journey.
- 2.2 What we experience vs the story we tell ourselves about it.
- 2.3 What stops you from succeeding?
- 2.4 What's under our control? What isn't?
- 2.5 When to speak? When to listen?
- 2.6 Luck. How can we increase how lucky we are?
- 2.7 Emotional states and beliefs. What's useful?
- 2.8 Building resilience. Bouncing back stronger.
- 2.9 What might be worth developing?

### Chapter 3 Success systems vs goals

- 3.1 Systems vs goals

### Chapter 4 Building Your Success System

#### Related Sectors:

Education & Human Resources ::

#### Related Keywords:

Success System :: Business  
Success :: Nlp :: Nlp Training  
Online :: Nlp Course ::

#### Scan Me:



- 4.1 What's your direction and purpose
- 4.2 Success Machine – (How you chose to use your time, energy and attention)
- 4.3 Success Machine – Vision and simple milestones
- 4.4 Success Machine – Focus areas and development areas
- 4.5 Success Machine – Decision making and setting priorities
- 4.6 Success Machine – Effective time zones, use of time boxing
- 4.7 Success Machine – Establishing daily routines and habits
- 4.8 Success Machine – Balancing stress and flow
- 4.9 Measurement – Introduction and awareness
- 4.10 Measurement – Daily and Period Questions check in
- 4.11 Measurement – KPIs and Milestones
- 4.12 Measurement – Stakeholder feedback and feedforward

## **Chapter 5: Putting it all together. Implementation and Act**

- 5.1 Summary and implementation
- 5.2 Recommended reading
- 5.3 What's next

The early bird subscription for the complete programme is \$54 and you can sign up now - [Develop your success system](#).

To see Business NLP's full range of programmes see: [NLP Training online](#), these include 1:1 coaching and 1:1 certified NLP practitioner, master practitioner and coach practitioner.

## Company Contact:

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