New PodCast Series from Professional Triathlete Mitch Vanhille

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Professional Triathlete and Coach Mitch Vanhille, based primarily in Belgium and Singapore, has started a new PodCast series where he discusses various aspects of running, training, and life as an athlete and coach, as well as examining the role of business in athletics.

His PodCast is available on a variety of platforms, including SoundCloud and each month will feature different voice artists narrating articles and blogs written by Mitch himself, as well as occasionally featuring his own thoughts and stories directly.

Athletes in these post-Covid times have quite the story to tell, of lost years and lost Championships, of a shortened Olympic and Paralympic cycle to catch up, and of course of willpower and determination through the times when they forced to train alone and beyond. Without a doubt this will be a vibrant, inspirational listen, and is easily and freely accessible to all.

Speaking about the new venture, Mitch Vanhille said ‘I’m excited by this new opportunity to share my experience and thoughts, and am genuinely delighted with the early results from the first few PodCasts. Giving business and athletics advice freely fits right into my overall philosophy of life, which is that those of us who’ve accomplished more should share freely with others, and I feel certain that there are some great interview moments to come from fellow athletes and coaches within the Ironman and Triathlon communities too.’

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