Mental Health First Aid for all Fronline Professionals

Wednesday 27 February, 2019

Mental Health First Aid (MHFA) is an internationally recognised course, recommended by business in the community here in the UK.

At Better Pathways we deliver Youth 2-day training courses as well as a Youth Champion 1-day training course.

As a mental health charity we understand the importance of educating people around mental health, how to spot the signs and symptoms and guiding someone towards appropiate support.

If you work with young people, then any of these courses are a must.

You will gain a better understanding of mental health and learn how to spot the signs and symptoms around it.
You will also be taught a set of skills to offer guidance and support to someone experiencing a mental health related crisis.

Book now while spaces last online at:https://www.eventbrite.co.uk/o/better-pathways-17904987668

All our course prices are subsidised at a lower cost so take advantage of this as prices may increase in the near future!

You will also receive a FREE official MHFA lanyard as well.

You can access our main website page at: https://betterpathways.org.uk/mhfa-training/

#MHFA #MentalHealth #Youth #TrainingCourses #Birmingham #Brum #YouthMentalHealth #MentalHealthTraining #youthMHFA

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Better Pathways

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