

## Make Your Vote Count, Vote Monique

Wednesday 15 October, 2014

CIMSPA and ukactive will be holding the Active Training Awards 2014, sponsored by Active IQ in November 2014. The awards will be celebrating exceptional performance and commitment in vocational training and development within the physical activity sector.

For the award category 'Most Inspiring Activity Professional of the Year' we have nominated our Apprentice, Monique Newton. This award is aimed at individual activity professionals who can demonstrate both an undoubted commitment to learning, fantastic levels of achievement whilst inspiring both colleagues and consumers every day.

Monique more than meets this criteria and is an inspiration to us all; she recently completed her Apprenticeship in Fitness Instructing with the highest praise from her employers, is a Double British and three time World Champion Powerlifter, a Healthcare Assistant, an ambassador for several charities, public speaker and aspiring author. We have nominated Monique for this award as she dedicates her life to helping and inspiring others to become motivated and empowered.

If you would like to see the full nomination for Monique and vote, please visit the [ukactive Active Training Awards website](#). Make your vote count, vote Monique.

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Monique Newton :: Inspiring ::  
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