

# Lyrici Arts Soul Food Embarks on Solo Stories Tour - A Powerful Theatre Experience Celebrating Joy, Heritage and Belonging

Thursday 13 March, 2025

Following the successful debut of Soul Food in 2022, the Medway-based production of Soul Food Solo Stories returns to the GlassBox Theatre in March 2025, captivating audiences with a rich storytelling experience that feeds the imagination and nourishes the soul.

Lyrici Arts is Medway's only Black heritage Arts Council England National Portfolio Organisation, focusing on theatre that is dedicated to creating innovative and inclusive theatrical experiences that celebrate diverse narratives.

**Medway, 13th March 2025 - Lyrici Arts**, Medway's only Black heritage theatre company, proudly launches the tour of Soul Food Solo Stories this March. This vibrant theatrical experience, featuring four compelling solo performances, explores Black heritage, cherished traditions, and the universal journey of belonging. The tour kicks off with a [special homecoming performance](#) at **GlassBox Theatre, Gillingham, on 27th March 2025**.

Following its acclaimed 2022 debut, Soul Food Solo Stories brings together four unique voices - Aduke Aladekomo, Monique Day, Chika Jones, and Lizzy Partridge - who were all cohort members of Lyrici Arts' HOMEWARD Artist Academy, a programme devised by Lyrici Arts and previously co-commissioned by Creative Estuary which nurtures diverse talent through mentorship and training. This rare performance unites all four stories, showcasing theatrical storytelling at its finest.

As an Arts Council England **National Portfolio Organisation**, Lyrici Arts has engaged over 10,000 people through 150+ events, championing Black narratives and amplifying underrepresented voices in theatre. Co-Artistic Director **Keely Augustus** shares, "Soul Food Solo Stories is more than a performance; it's a celebration of shared humanity. Our artists have been developing these stories since 2022, and it's been incredible to witness their evolution."

Co-Artistic Director **Clara Augustus** adds, "Our HOMEWARD Artist Academy was founded to elevate Black heritage voices in Medway. This production represents the richness of culture, family, and joy at the heart of our mission."

Soul Food Solo Stories continues Lyrici Arts' commitment to increasing theatre access for young people, families, and creatives across Medway. The **premiere on 27th March 2025 at 7:00 PM** invites audiences aged 12+ to experience the performance and a post-show celebration, featuring interactive opportunities, live music, and complimentary Caribbean & African canapés. [Tickets are available via lyriciarts.com](#).

## About Lyrici Arts

Lyrici Arts is a Black-led organisation creating theatre and arts programmes in Medway. Our vision is to change the way that diversity and inclusion is perceived in the arts, and we do all of this with the communities and creatives of Medway.

We believe that everyone should have the opportunity to express their emotions, in ways that are creative, elegant, brilliant and bold, and are dedicated to amplifying black and diverse stories through our creative programmes. To date, we have delivered over 150 events reaching 10,000 people in Medway and beyond, and are passionate about collaborating with local and national theatre, arts, and charitable organisations, putting Medway's artists at the centre of exciting partnerships and tours.

The debut and subsequent community tour of Soul Food Solo Stories is a part of Lyrici Arts' Enter The Spotlight strand, which is a three-year programme designed to elevate Black and diverse lyrical artists. Our work is kindly funded by Arts Council England, Colyer Fergusson Trust, Esmee Fairbairn Foundation and Medway Council.

Find out more at [lyriciarts.com](http://lyriciarts.com)

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