

London Private GP Launches Next-Generation Longevity and Preventative Medicine Clinic to Combat Chronic Illness

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London-based private GP clinic **DrStavy.com** has officially launched an advanced suite of **longevity and preventative medicine services**, designed to shift the healthcare paradigm from reactive treatment to proactive wellness.

Founded by experienced general practitioner Dr Stavroula Nikitopoulou, the clinic integrates **cutting-edge health screening, functional medicine, and personalized internal medicine** to identify and address the root causes of chronic illness before symptoms manifest.

As global interest in health optimization and lifespan extension reaches an all-time high, DrStavy.com bridges the gap between traditional family medicine and evidence-based longevity therapies.

The clinic's comprehensive protocols feature advanced diagnostic testing, including tailored blood panels, cardiovascular risk assessments, and targeted nutrient screening.

By analyzing these biomarkers, the clinic builds bespoke, preventative roadmaps that optimize metabolic health, improve cellular vitality, and enhance long-term quality of life.

"True healthcare should not begin at the point of disease diagnosis," said Dr Stavroula Nikitopoulou, Founder of DrStavy.com. "By combining rigorous medical science with a functional approach, we can unlock how an individual's genetics, environment, and lifestyle interact."

Our mission is to empower patients with the precise data and preventative strategies they need to optimize their healthspan, ensuring they live not just longer, but healthier, more vibrant lives."

In addition to advanced longevity screenings, DrStavy.com offers a full continuum of care, including 24-hour private GP access, virtual consultations, and supportive complementary therapies such as acupuncture.

This hybrid model ensures that patients across London and the wider UK receive continuous, high-touch medical support on their journey toward optimal aging.

DrStavy.com is now accepting bookings for comprehensive longevity assessments and private GP consultations via its digital platform.

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