

Local homeless charity, The Nomad Trust, challenges community to take on the Lincoln 10K in support of the Homeless.

Friday 10 February, 2017

The Run for All Lincoln 10K will take place on Sunday 2nd April, and the charity - which operates the county's only emergency night shelter - is seeking support from those wanting to take part, as well as those already signed up.

Helen Lloyd from Homelet, part of Barbon Insurance Group, has arranged a team to take part, in support of the charity;

'We have 25 employees who have signed up to run the 10K and raise awareness and funds for The Nomad Trust'

'Barbon has sponsored their entry fee and will, as usual; double all the funds they raise, so we are hoping to kick off this year's fund raising with some big numbers. So far, we also have ten people sleeping easy in March too!'

The Nomad Trust, which is part of YMCA Lincolnshire, are offering a free pre-event training programme with YMCA Lincolnshire's Fitness Centre on St. Rumbold's Street, Lincoln, to those who pledge to fundraise.

Funds raised through sponsorship will go towards funding the build of The Nomad Centre; a new facility with on-site support services in aid of the homeless, to include a day centre and single room emergency overnight accommodation.

Plans for the new build have been met with excitement and support from the local community, being seen as a much-needed provision for Lincoln.

Dawn Barron, local businesswomen and Trustee for YMCA Lincolnshire, will also be taking part on behalf of The Nomad Trust.

'The new Nomad Centre is a project I'm very passionate about' said Dawn;

Dawn also acts as chair of YMCA Lincolnshire's Board Fundraising sub-committee, responsible for the capital appeal which will ensure the build of the centre.

'It will be a fabulous addition to the city, to be able to help the homeless as much in the day as at night. We are not just trying to put a plaster on the problem; we're not just getting people off the streets, we're trying to help tackle the root causes of homelessness, and ultimately get them back in to regular accommodation.'

'Last year took part in Sleep Easy and spent my first night 'camping out' – I have never camped before; those that know me well know it was a big challenge for me to spend the night in a sleeping bag, let alone on the streets.'

'This year, I wanted another challenge; I've never run a race, never even walked a race before, so the Lincoln 10K will be another big challenge for me. I hope people know that and support me through the event'

If you are interested in joining The Nomad Trust's Lincoln 10K Team, or if you are already signed up to take part but would be willing to run on behalf of The Nomad Trust, please email:

fundraising@nomadtrust.org.uk

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