Legacy Youth Zone and Babyzone Partner to Combat Parental Loneliness Through a Free Safe Space

Thursday 19 October, 2023

Parenthood, while rewarding, often comes with its own set of challenges. One of the significant hurdles parents face is the feeling of isolation and loneliness, particularly during the early years of raising a child. Recognising this struggle, Legacy Youth Zone and Babyzone have joined forces to create a unique partnership aimed at alleviating parental loneliness by offering a free safe space for parents and their children aged 0-5 years old.

Legacy is an OnSide Youth Zone which has youth centres all up and down the UK. Legacy is a multi-purpose facility in Croydon, where young people have the opportunity to discover their full potential through a range of activities in a safe and inclusive environment.

Parenting can be an isolating experience, especially for those who are navigating the journey for the first time. The demands of caring for a young child can limit opportunities for social interaction, leaving parents feeling disconnected from their communities. The partnership between Legacy Youth Zone and Babyzone seeks to address this issue by providing a supportive environment where parents can come together, share experiences, and form lasting connections.

Legacy Youth Zone, known for its commitment to supporting the well-being of young people, has collaborated with Babyzone, an organisation specialising in early childhood development, to create a safe haven for parents and their little ones. The initiative offers a physical space where parents can bring their children, fostering a sense of community and mutual support.

Understanding the financial strain that often accompanies parenthood, Legacy Youth Zone and Babyzone have made it a priority to provide free access to resources. From parenting workshops to early childhood development classes, parents can benefit from a range of informative sessions aimed at enhancing their skills and confidence.

Babyzone, with its expertise in early childhood development, recognises the crucial role that socialisation plays in a child's early years. The partnership emphasises the importance of creating opportunities for children to interact with their peers, laying the foundation for healthy social and emotional development. Simultaneously, parents can engage in meaningful conversations with others facing similar challenges, forming a supportive network.

Myke Catterall, COO of Legacy Youth Zone says “Here at Legacy, we are really proud to be working with Babyzone to provide the community with somewhere to go to combat the feeling of isolation. We understand that there is a need for somewhere like this in the community as the cost of living crisis is limiting these social interactions even more so than before. We will continue to help as much as we possibly can.”

To further strengthen the sense of community, Legacy Youth Zone and Babyzone deliver spaces for children to play, run and read. They have a range of free classes which run throughout the day for babies and toddlers where you can dance and sing and chat together. They provide support and advice for local services within each of their locations.

By addressing parental loneliness, Legacy Youth Zone and Babyzone hope to create a positive ripple effect within the community. Stronger, more connected families contribute to a healthier and happier community overall. The partnership exemplifies the power of collaboration between organizations with a shared vision for supporting families and fostering a sense of belonging.

Jessica Barnaschone, Head of Babyzone Croydon says “Babyzone has played a crucial role in preventing loneliness in the boroughs in which we operate. One of which we are very proud of is Croydon. Over 200 families visit their local Babyzone each week in which 55% of these families are from disadvantaged backgrounds. Which is what makes our work so important in giving families opportunities they might not be able to access otherwise.”

The Legacy Youth Zone and Babyzone partnership is a beacon of hope for parents grappling with the challenges of loneliness during the early years of raising children. By providing a free safe space, access to resources, and community-building events, this collaboration is making a significant impact on the well-being of parents and their children. In doing so, it sets an inspiring example of how communities can

Media:





Related Sectors:

Charities & non-profits :: Children & Teenagers :: Entertainment & Arts :: Leisure & Hobbies :: Lifestyle & Relationships :: Opinion Article :: Women & Beauty ::

Related Keywords:

Childcare :: Loneliness :: Isolation :: Babyzone :: Parent Club :: Parents :: New Parents ::

Scan Me:

come together to create supportive environments for families, ensuring that no parent feels alone on their journey through parenthood.

If you would like to attend a Babyzone session for free then check out the website here.

Company Contact:

Legacy Youth Zone

T. 020 3976 9990
E. shakira.james@legacyyouthzone.org
W. https://legacyyouthzone.org/

Additional Contact(s):
myke.catterall@legacyyouthzone.org

View Online

Additional Assets:

Newsroom: Visit our Newsroom for all the latest stories:
https://www.legacy-youth-zone.pressat.co.uk