Join The Free-From Dessert Revolution With Pudology

Friday 7 March, 2014

Introducing the new dessert range from Pudology, the pudding maker that specialises in making delicious puddings that are also gluten and dairy free. Born out of the desire for indulgent, luxurious puddings that are suitable as part of a free-from diet, Pudology has created four unique flavours that are sure to satisfy any sweet tooth. Best of all these amazing puds taste so great no-one will even guess they're free-from!

Made with coconut milk rather than dairy, Pudology puds are creamy, rich and full of flavour - perfect for any dinner party or as an indulgent treat for one. Pudology proves that cutting out dairy and gluten doesn't have to be boring or bland, you can still enjoy moments of pure indulgence here and there. Why not try all four amazing flavours and choose your favourite.

Pudology Chocolate Pud is where it all began; the flagship flavour is an instant crowd pleaser and a chocoholic's delight. Made with rich, dark chocolate, this smooth chocolate ganache is enhanced with a hint of Madagascan vanilla to get your taste buds tingling. Pudology Chocolate Pud is an irresistibly decadent treat that's incredibly satisfying.

Or if you fancy something fruity, try a Pudology Strawberry Pud, a combination of sweet, tangy strawberries and creamy coconut - this is a little pot of freshness. The gluten free biscuit base creates a wonderful texture combination that's a bit like a cheesecake, but we think Pudology's dairy and gluten free version is a hundred times better!

For the ultimate dairy and gluten free indulgence, Pudology Banoffee Pud hits the spot. With gooey layers of rich chocolate ganache, secret recipe toffee sauce, sweet banana and crunchy biscuit, this really is heaven in a pot. You would never guess that such a gorgeously creamy banoffee pudding is actually dairy free, what's not to love?

Lastly, the newest addition to the range is the Pudology Lemon Pud. This refreshingly zingy pot is light and full of zestiness - if you like your lemon puddings lemony then this is the one for you. With a real citrus punch, Pudology Lemon Pud is the ideal way to end a meal and cleanse the palette.

So treat yourself to one of Pudology's delicious gluten and dairy free puddings and experience the free-from taste revolution for yourself.

The Pudology range is available from selected Sainsbury's and Waitrose stores nationwide, or online from Ocado. RRP £3.45 for 2 puds.

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For more information on the Pudology range please contact Sharan Sunner or Shaun Beedle at CCD PR; 0207 434 4100 or sharan@ccdpr.com / shaun@ccdpr.com

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