Jimmy’s Icelandic challenge for tinnitus charity

Thursday 11 August, 2022

Jimmy Mole, a 46-year-old 3D generalist artist from Great Barr, Birmingham, will be heading to Iceland to take on a 10k run in the historic town of Djúpivogur for the British Tinnitus Association (BTA). The BTA is the only national charity that solely funds tinnitus research and supports people living with tinnitus.

Tinnitus is a debilitating condition where people hear noises in the head and/or ears which have no external source. There is currently no cure. Tinnitus affects around 117,000 adults in Birmingham alone, and one in eight nationwide – over 7.1 million people.

Jimmy shared, “I have had tinnitus for 10 years and the last few years have been particularly bad, as it has got worse. This year has been the worst, and my mental health has suffered badly. I am trying to find new ways to manage this and running helps. I am also having counselling.”

The British Tinnitus Association’s vision is “A world where no one suffers from tinnitus” which Jimmy shares.

The BTA’s Fundraising and Supporter Engagement Manager Sabiya Hussain commented, “We’re thrilled that Jimmy will be taking on this exciting challenge to raise funds for the BTA. We really appreciate his time, dedication and support for the tinnitus community and the work we do. We’re all wishing him the best of luck!”

Jimmy will undertake his challenge on 26 August. Please help him raise reach his fundraising goal by donating at https://strolling4stress.org/
or email fundraising@tinnitus.org.uk take part in your own challenge.

- Ends –

For more information

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Editors Notes

About the British Tinnitus Association

The British Tinnitus Association is an independent charity and the primary source of information for people with tinnitus. It helps to facilitate an improved quality of life for people with tinnitus through a range of support options including support groups, a helpline and its website, while also taking steps to bring forward the day when tinnitus is cured. The charity works to inform and educate medical professionals and the community on what tinnitus is and how to manage it. The British Tinnitus Association wants “a world where no one suffers from tinnitus”. It wants to find better ways to manage tinnitus and, ultimately, to help find a cure. In 2020, the publication of its Tinnitus Manifesto led to more than 130,000 people signing a petition for more funding for tinnitus research to find cures.

Website: www.tinnitus.org.uk

Twitter: @BritishTinnitus

Facebook: @BritishTinnitusAssociation

Instagram: @BritishTinnitus

LinkedIn: British Tinnitus Association

British Tinnitus Association, Unit 5 Acorn Business Park, Woodseats Close, Sheffield S8 0TB

The British Tinnitus Association is a registered charity. Registered charity number 1011145.

Media:



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