

## Invest In British This Spring with Forman and Field

Friday 1 March, 2013

Having wiped out your cupboard of all pancake ingredients, including that Golden Syrup that's been sitting at the back so long it's stuck to the shelf, it's time for that season that will test our willpower beyond all others: Lent. Traditionally seen as a time of reflection and sacrifice, people vow to give up all things fizzy, chocolaty and fatty for the 40 days leading up to Easter Sunday. But why not also take up something good for Lent, such as eating local? So if you are missing your usual sugary pick-me-ups this Lent, then Forman and Field's Easter menu has a range of alternative treats sure to delight you.

Forman and Field pride themselves on supplying the finest quality British produce without breaking the bank. What's more, their home delivery service means that you can order easily online or by phone for a swift delivery. This Spring, they have put together a delicious palette of seasonal goods; perfect for entertaining friends and family. Enjoy their tasty meats such as their venison salami and orange and prune cooked ham in the lead up, then indulge on Easter Sunday with dainty cupcakes in jars, chocolate truffles and almond crunch.

If Easter seems a little far off for you, Forman and Field are also offering a great selection for Mother's Day. Starting from as little as £6.95, you can treat your Mum to a range of yummy treats including smoked salmon, macaroons or a bottle of Chapel Down Rose. [Beluga Caviar is also a popular choice](#) and can be included in a bespoke Forman and Field hamper.

One of the great things about shopping at Forman and Field is that you are supporting local, independent farmers. Providence is key, and their suppliers use tried and tested techniques to bring you gourmet food with fantastic flavour. So if you are getting the Lent blues, why not order a nice sweet treat this Easter without the guilt.

About Forman and Field

[Forman and Field specialize in food hampers](#), sweet and savoury items with an emphasis on quality and traceability. Since 1907 they have been providing gourmet food across the UK, and now have a successful home delivery service, as well as a famous London restaurant. Although they are a growing business, they prefer to maintain close contact with their customers, welcoming feedback and suggestions, stating 'think of us as an online farmers market.' So, if you are planning a special celebration this Spring, visit [www.formanandfield.com](http://www.formanandfield.com).

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