

# Introducing Leicester Mental Health: A New Frontier in Peer Support by knus

Tuesday 9 January, 2024

Leicester, United Kingdom, 9<sup>th</sup> January 2024 — In an era where mental health awareness is more crucial than ever, knus is proud to announce the launch of its regional innovative peer support service in Leicester. Designed to empower individuals on their mental health journey, this platform promises to be a game-changer for the people of Leicestershire.

Leicester Mental Health is not just another mental health website; it's a community-driven initiative that recognizes the importance of peer support in mental wellness. This digital platform provides a safe and welcoming space where individuals can connect and share experiences with trained volunteers, whom have a lived experience of mental health.

A spokesperson for the platform shared their vision: "LeicesterMentalHealth.com is more than a website; it's a lifeline for those struggling with mental health issues. We are dedicated to creating a supportive environment where individuals can find hope, understanding, and the strength to overcome their challenges."

LeicesterMentalHealth.com is now live and accessible to all residents of Leicester and Leicestershire. Whether you're seeking support or looking to help others, this platform invites you to be part of a community that cares.

For more information about Leicester Mental Health and its services, please visit <a href="https://www.leicestermentalhealth.com">www.leicestermentalhealth.com</a> or the non-profits website <a href="https://www.knus.io">www.knus.io</a>

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About LeicesterMentalHealth.com:

LeicesterMentalHealth.com is a pioneering online platform dedicated to providing peer support, resources, and information for individuals facing mental health challenges. With a focus on community, privacy, and inclusivity, the platform aims to improve mental wellness and reduce the stigma associated with mental health issues.

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