

Introducing Barleycup

Tuesday 25 November, 2014

Barleycup is a range of drinks made from roasted cereal grains and chicory roots. Full of flavour and lots more besides, Barleycup drinks are the natural choice for those who like tea and coffee but are trying to cut down on the amount of caffeine in their diet. Made only from wholesome roasted barley, rye and chicory*, Barleycup drinks are free-from caffeine and contain no artificial additives. Barleycup is also gluten-free** and all our drinks are certified by Coeliac UK.

Simply add hot water to a spoonful of Barleycup for a drink that contains no added sugar but has a tempting aroma and a mild taste and contains just 10kcal a cup! Enjoy Barleycup on its own or with milk, including soy, almond or rice milk as part of a healthy balanced diet.

Barley and rye are amongst the world's oldest cultivated grains and have been enjoyed by mankind for centuries – thanks to their great taste and nutritional profile, including fibre content and vitamins.

There are four great tasting variations of Barleycup to choose from: Barleycup Powder (Jar: 100g and 200g),; Barleycup Granules (Jar: 100g and 200g); Barleycup Organic (Jar: 100g); Barleycup with Dandelion (Jar: 100g).

Barleycup Powder and Barleycup Granules are available in 200g jars from Holland & Barrett. All Barleycup drinks including Barleycup with Dandelion are available at independent health food stores nationwide and online including at:

- amazon.co.uk
- naturallygoodfood.co.uk
- ecogreenstore.co.uk
- shipleyhealthstore.co.uk
- vitalifehealth.com
- goodness.co.uk
- auravita.com

Average retail price October 2014, for Barleycup powder 100g £2.00For more information on Barleycup as well as recipes please visit: www.barleycup.co.uk

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