

## Inspirational Yorkshire centenarian exceeds target of standing up 100 times for local hospice care charity.

Wednesday 3 June, 2020

Joyce Richardson, who struggles to stand up, has been challenging herself to complete 100 stand-ups before her 100<sup>th</sup> birthday and raise as much money as possible for Herriot Hospice Homecare. On Tuesday 2nd June on her 100<sup>th</sup> birthday, she exceeded her target of 100 stand ups, using her incredible spirit and perseverance to not only achieve her target but surpass it too.

Captain Sir Tom Moore has led well wishes for Joyce Richardson, fellow inspirational Yorkshire centenarian as she celebrated both her 100<sup>th</sup> birthday and completing her amazing challenge.

Joyce Richardson, who served in the Women's Land Army during World War Two, nearly lost the use of her legs after developing sepsis last year.

The great-great grandmother is fundraising to thank the charity for the wonderful support her family received. The total raised by Joyce so far, is over £21,000.

A message to Joyce from Captain Sir Tom Moore's Twitter Account read: "Welcome to the club Joyce, 100 years young today! And congratulations on your challenge for a great cause. Stay Safe #TomorrowWillBeAGood Day"

He joins thousands of people from the Yorkshire, the UK and around the world who have wished Joyce a Happy Birthday.

Chief Executive of Herriot Hospice Homecare, Tony Collins, said: "Everyone at Herriot Hospice Homecare has been inspired by Joyce's challenge, and her remarkable courage, spirit and perseverance. The money raised will go directly to help more individuals and their families to get home-based end-of-life care and bereavement support across Hambleton and Richmondshire"

The team at Herriot Hospice Homecare also sent a video message with staff and trustees wishing Joyce a wonderful day and thanking her for her tremendous fundraising efforts.

Joyce said: "It may not seem much to most people but, believe you and me, hauling myself up out of the chair is a huge struggle every time!

"I want to support Herriot Hospice Homecare as a thank you to them for the wonderful support they gave to my family last year, and raise money to help them support other individuals and families in similar circumstances."

Joyce is currently enjoying all of the well wishes that she received for her 100<sup>th</sup> birthday; safe in the knowledge that she has exceeded her target, to the benefit of so many.

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Centenarian :: Yorkshire :: Hospice :: Standing :: Challenge :: Fundraising :: Land Army :: Inspiring :: Birthday ::

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## Additional Assets:

Describing excitement to receive birthday message from Captain Sir Tom

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