Holina Village Opens in Cyprus for Teens and Young Adults Ages 15-24 Seeking Addiction & Trauma Recovery

Monday 19 May, 2025

Holina Global is excited to announce the launch of Holina Village, its leading rehabilitation center in Cyprus, offering specialized programs for teens, adolescents and young adults ages 15-24. Focusing on emotional and behavioural health as well as addiction or dependency challenges and trauma recovery. Holina Village provides a holistic treatment approach that addresses the physical, emotional, spiritual, and psychological needs of each resident.

Our facility is designed to help young individuals struggling with substance abuse, stress, anxiety, depression, trauma, and other behavioral health challenges. The program integrates traditional therapies, adventure challenges, and farm life in a therapeutic community environment to create a transformative experience that fosters self-discovery, personal growth, and healing.

Holina Village's Therapeutic Community Model

At Holina Village, the therapeutic community model plays a central role in the recovery process. This approach encourages peer support and shared responsibility, allowing residents to work together in a safe, supportive environment. They engage in daily activities that promote community building, emotional growth, and self-reliance. Whether it's caring for animals, tending to the orchard, or participating in team challenges, every task is designed to help young people rebuild their lives and sense of meaning and purpose.

Farm life & Adventure-Based Challenges - A Safe and Nurturing Environment

We offer the unique therapeutic environment of operating on a functioning farm, containing live stock (poultry, goats, horses, etc) and an fruit-bearing orchard (oranges, lemons, limes, figs, dates, pistachios and olives), giving our residents the responsibility of caring for animals and maintaining the environment, which for most of them is a new experience when compared to the environment they have come from. This helps build camaraderie, collaboration and contribution, as well as providing opportunities to connect with nature, face physical challenges, and gain deeper self-awareness. These experiences promote personal responsibility and community connection, which are key elements in their life skills and recovery process.

Set in a serene, safe environment, our tranquil space really is terrific for 15 to 24 year olds to heal and grow. to engage with nature and develop essential life skills through

English-Speaking Services for Clients Across Europe

Holina Village is proud to offer English-speaking services for residents from Europe and other English-speaking countries, ensuring that language is never a barrier to receiving the care and support needed for recovery. Whether you are from Cyprus, the UK, or anywhere in Europe, we are committed to providing personalized treatment in a culturally sensitive environment.

Program Details

- **Therapeutic Community**: Encourages shared responsibility and peer support to enhance recovery.
- **Counselling & Coaching**: We have a hands on approach with our one to one and group therapy spaces
- **Adventure-Based Therapy**: Promotes emotional healing, teamwork, and self-confidence through outdoor activities.
- **Academic & Vocational Training**: Provides opportunities for further education and skills development.

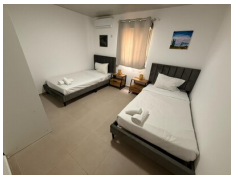
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About Holina Village

Holina Village is a leading rehabilitation center located in Cyprus, dedicated to offering addiction recovery and behavioral health services for teens and young adults ages 15-24. Through holistic treatment, therapeutic community support, and personalized care, Holina Village helps young people overcome addiction, behavioural health struggles, and trauma, empowering them to create a brighter, more fulfilling future.

Contact Us Today

For more information on Holina Village's programs or to inquire about admissions, please visit www.holinacyprus.com, email info@holinacyprus.com, or call +357 95 668677.

Social Media:

Follow us for updates, success stories, and program highlights on:

- Instagram: @holinavillage
- Facebook: @holinavillage

Press Contact:

Mr. Ian Young
Managing Director, Holina Global
Phone: +66 62 641 8369
Email: ian@holinaglobal.com

Related Keywords:

Teen :: Depression :: Anxiety :: Stress :: Addiction :: Trauma :: Drug Abuse :: Mental Health :: Recovery :: Abuse ::

Scan Me:

Company Contact:

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Holina Village, Cyprus

T. + 66 62 641 8369
E. info@holinacyprus.com
W. https://www.holinacyprus.com

Additional Contact(s):
Mr. Ian Young
Managing Director, Holina Global
Phone: +66 62 641 8369
Email: ian@holinaglobal.com

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