Get on your bike for Hitchin based charity and ride for Humanity Sunday 24th September 2017, 9am

Monday 11 September, 2017

People from around our area will be getting on their bikes for Hitchin based charity Humanitas, to raise funds to support under privileged and orphaned children in Romania and Africa.

Take your pick and pedal a leisurely 23 miles or a challenging 48 miles around the beautiful Cambridgeshire countryside. Whether you're a cycling pro or just starting out, young or old, we welcome everyone who wants to have a go!

Event organiser, Genevieve Jones-Hernandez said: "This is a fabulous event for all the family and a great way to get fit, enjoy the countryside and raise money for Humanitas at the same time."

The event starts and ends at Burwash Manor where you can celebrate completing the bike ride with delicious food from Provenance Kitchen and a well-earned pint.

Register now at https://www.humanitascharity.org/ride-for-humanity

Registration fee £30 (Under 16s free when accompanied by an adult)

Suggested minimum sponsorship £100

For more information contact: Genevieve Jones-Hernandez at genevieve@humanitascharity.org or call 07540 142258

Information on Humanitas

We are a young, creative, grassroots charity that has worked for more than a decade to protect and care for some of the world's most vulnerable children. We run medical, educational and foster care projects in Romania and Africa and more recently we have sent medical teams to deliver urgent treatment to refugees living in the European border camps.

In Romania

Our work in Romania is focused on the rehabilitation of children who have been orphaned or abandoned, many of whom have disabilities. We run two residential homes for up to sixteen children who are cared for by foster parents, with support from a physiotherapist, doctor and social worker. Many of the children living in our homes have experienced severe neglect whilst living in state run institutions and need intense therapy and emotional support to enable them to overcome their experiences and move on with their lives. We have seen the children in our care grow from frightened, mute and undernourished children into teenagers that are thriving, learning and attending mainstream school. We also run a foster care programme in Romania and currently have eighteen children placed with loving families in their homes.

In Ghana

Our work in Ghana is focused on the education of children living in the remote village of Azyensuako where the farming community lives well below the poverty line. The families are unable to afford the cost of sending their children to the state run schools located many miles from the village. In 2014 we established a primary school, which now teaches 160 children living in the village and the surrounding area. We believe that education opens up opportunities that could not be considered otherwise – further study and future employment in the towns and cities. Our pupils have the potential to break the cycle of poverty in their communities and attending school is just the start to setting all of this in motion.

Our work with refugees

The existing refugee medical tents are all located in the registered camps but there are still thousands of refugees who are forced to wait for weeks on the European borders because the camps are full. We have taken the Humanitas mobile medical clinic, our doctor and qualified nursing volunteers on several missions to Greece, Serbia and Croatia to treat refugee children and their families living in unregistered camps where there is no access to medical aid. We strongly believe that people fleeing war and

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persecution deserve to be treated with dignity and respect and our mobile clinic allows us to care for patients in a well-lit, dry and private space in an otherwise desperate environment that lacks basic humanity.

Company Contact:

Humanitas Charity

T. 0203 302 3487
E. genevieve@humanitascharity.org
W. https://www.humanitascharity.org/

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