From Desk to Detox: De-Stress With lastminute.com

Tuesday 28 June, 2016

From 28th June and running for two weeks, lastminute.com are offering exclusive **2 for 1** spa deals across the UK - giving customers the chanceto recharge, relax and unwind, just in time for summer.

From a couple of hours of 'me' time to the ultimate weekend staycation, it's the perfect excuse to treat yourself and a loved one to a well-earned spot of pampering – for half the price. Offers include individual treatments, spa days and overnight stays in some of the UK's most sumptuous day spas and retreats.

Lowest price: £25 for two people @ Crown Plaza Newcastle

lastminute.com spa-tacular offers are available **from 28th June- 10am 11th July.** To book, please visit: http://www.lastminute.com/spa/spa-fortnight.html

Top 10 spa-tacular deals

1) The Athenaeum**, London**

- A central spa just minutes from Green Park, this offer includes two thirty minute treatments of your choice plus one-hour use of spa facilities
- Available Monday-Sunday
- **For two: £90** (RRP: £180)

2) M Spa at M by Montcalm, Shoreditch London Tech City

- Pamper yourself in an oasis of calm away from city stresses – this offer includes a three-hour spa pass and 15% off treatments
- Available Monday - Friday and Sunday
- **For two: £40** (RRP: £80)

3) The Spa at Dolphin Square, London

- Unknot your muscles and smooth your skin at The Spa at Dolphin Square. This offer includes a Luxury Rasul experience (55 minutes) and a Shea butter massage (25 minutes) for a total treatment time of 1 hour and 20 minutes.
- This offer also includes hummus, flat bread and Moroccan mint tea, full use of salt infused steam (15 minutes pre and post treatment) and a relaxation period (2 hours post treatment)
- **For two: £199** (RRP: £398)

4) The O2 at Intercontinental London Hotel, London

- The O2 at Intercontinental London Hotel offers a welcome respite from busy city life, perfect for an afternoon of pampering
- This deal includes a coffee and pastry on arrival and a choice of 60-minute Swedish Massage or facial in addition to full use of the spa facilities from 9am to 1pm.
- **For two: £125** (RRP: £250)

5) River Wellbeing Spa at Hotel Rafayel, London

- Indulge and refresh at the River Wellbeing Spa at Hotel Rafayel with a coconut scrub and wrap treatment. Total treatment time is 45 minutes including a Pina Colada cocktail and full use of the spa facilities
- **For two: £75** (RRP: £150)

6) Champneys (Henlow, Spring, Tring and Forest Mere)

- Relax, unwind and enjoy serene surroundings at Champneys before enjoying a facial (25 minutes) and the option to create a bespoke day by adding on additional treatments of your choice.
- This deal also includes a welcome drink, three-course lunch, full use of the spa facilities and a choice of up to 20 different fitness classes per day.
- **For 2: £55** (RRP: £110)

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7) Ardencote Spa, Warwickshire

- This offer includes an overnight stay in a standard double/twin room, including bottomless refreshments in the spa lounge, cream tea between 2:30pm and 5.30pm, a three course dinner in the restaurant and full use of the spa facilities
- Also included is a Strawberries and Champagne back wrap and massage (25 minutes) and Jessica nail file and paint to your hands or feet (15 minutes)
- This offer is available from Thursday-Sunday.
- **Price for 2: £199** (RRP: £398.00**)**

8) Grayshott Health Spa, Surrey

- This offer includes two nights' accommodation in a standard double/twin room and certainly won't leave you hungry! Also included is a full breakfast each morning, lunch each afternoon, pre-dinner nibbles and fruit cocktails in the Bubbles lounge and dinner on both evenings of your stay. You will also have full access to the spa facilities and a selection of exercise classes.
- **For two: Sun-Thurs; £225 per person and Fri-Sat; £279 per person** (RRP: Sun-Thurs; £450 per person and Fri-Sat; £558 per person)

9) Eforea Spa at Doubletree Hilton Liverpool

- Relax and recharge in the vibrant city of Liverpool with this offer which includes an Elemis Essence full body massage, complimentary hot drinks and two-hour use of the Thermal Journey.
- **Cost for two: £42.50** (RRP: £85.00)

10) Spa Naturel at Mercure Bristol Holland House Hotel and Spa

- This centrally located spa will leave you glowing - the offer includes a back massage (25 minutes) followed by a skin analysis (15 minutes), a £5 voucher for any Decleor products bought on the day and full use of the spa facilities.
- **For two: £25** (RRP: £58)
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