

## Enough is Enough - OCD Week of Action

Monday 10 February, 2014

ISSUED: 6th FEB 2014

EMBARGOED UNTIL: 17th FEB 2014

### Case studies and available nationwide to share stories of fighting against Obsessive Compulsive Disorder.

OCD Week of Action 17th -23rd Feb is our national campaign to inspire people to get the help they need, influence change and fight misconceptions.

OCD Action launched the first OCD Awareness Week in 2010. This year we are taking on a new challenge, because awareness is not enough. We want people to take action.

We will encourage people who are concerned that they may have OCD to take action and go to their doctor and seek help.

We will encourage anyone who is concerned that a loved one may have OCD to take action and help them through treatment and beyond.

We will be asking people to take action and join us in campaigning for better access to quality treatment and influencing the way information about OCD treatment is shared.

We will be asking people to take action and help us to fight misconceptions and show the real impact of OCD.

To arrange for a case study of professional for interview please contact :  
OCD Action 0207 2535272 / 07787 542758 / [media@ocdaction.org.uk](mailto:media@ocdaction.org.uk)

-Ends-

Note to editors:

OCD Action is the largest national charity focusing on Obsessive Compulsive Disorders. We provide support and information to anybody affected by OCD, work to raise awareness of the disorder amongst the public and frontline healthcare workers and strive to secure a better deal for people with OCD.

Further information about OCD visit <http://www.ocdaction.org.uk>

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### Related Sectors:

Government :: Health ::

### Related Keywords:

OCD :: Obsessive :: Compulsive  
:: Disorder ::

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