Empowerment leads to success - the 10,000 teenage mentors following the same philosophy as Southgate's England.

Thursday 12 July, 2018

England's football team uses the same empowering approach as pioneering youth charity, Power2, which this week celebrates transforming the lives of over 10,000 young people.

Despite the loss to Croatia yesterday, the England Manager, Gareth Southgate has been praised for his fresh approach with the national team. He has treated players more like adults and given them more personal responsibility, resulting in happier players and an excellent showing at the World Cup.

Similarly, Power2's unique programme, Teens and Toddlers, gives teenagers struggling at school the responsibility for mentoring a nursery age child, leading to improved self esteem and academic performance.

At the end of the latest cohort of Teens and Toddlers, teachers said that 85.7% of young people had improved their self confidence, and 80.6% had improved their attitude towards education*.

"We see real parallels between our Teens and Toddlers programme and Gareth Southgate's approach" said Power2 Chief Executive, Joanne Hay.

"The greater confidence and success of the England's World Cup football team is so similar to the results we see in our young people. Power2's work is all about empowering them and unleashing their potential."

The latest cohort of teenagers graduating from the Teens and Toddlers programme will receive their awards at a ceremony in London, hosted by the Japanese financial services group Nomura, on Tuesday 17 July.

A Youth Index study from the Prince's Trust published last year revealed that 48% of young people (aged 16 to 25) experienced problems that prevented them from concentrating on their academic work during their school years.

Teens and Toddlers aims to address this issue through life skills training which helps struggling school pupils re-engage with their education and build their confidence.

In addition to receiving coaching from qualified youth workers, students are given the opportunity to put what they learn into practice by becoming mentors to under-fives in nurseries.

C, a young person from Newham, who is graduating on July 17th, said: " I noticed that I can interact with children better than before and that I have grown in self confidence and awareness" Their classmate, A, said "I am happy in the nursery. I noticed that I speak much better English and my writing is good."

-ENDS-

We have limited spaces for guests to attend the graduation ceremony on Tuesday 17 July at Nomura, 1 Angel Lane, London, EC4R 3AB from 6 to 9pm. If you would like to meet our frontline team, some of the young people and their teachers, book your place by emailing press@power2.org

For other enquiries please contact Power2 press office on 07484 085369 or email press@power2.org

ABOUT POWER2

Power2 is a leading youth development charity working with children and young people in disadvantaged areas.

The charity, formerly known as Teens and Toddlers, was founded in 2001. It helps young people develop the essential skills and confidence they need to succeed at school, at work and in their communities.

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To date, the charity has reached more than 22,000 young people and children in more than 50 local authorities across the UK.

More information and case studies are available at: www.power2.org

* https://www.power2.org/impact

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