# Curious about Crystals? Or how to fine tune your Clair senses? Come and learn a new skill at the Mind Body Spirit Festival, NEC Birmingham

**Thursday 23 October, 2025**

Join us from 14-16 November at the NEC, Birmingham | Tickets are available now.

The Mind Body Spirit Festival, Birmingham is celebrating its 10th anniversary this year, returning to the NEC for its annual 3 day celebration.

One of the features of this year's show is the hugely popular MBS Academy. This is the space in our show that gives you the opportunity to leave with a new string to your bow and in turn elevate your business.

This year we will be featuring a special training course on crystals with Crystal Mystery School founder Gemma Petherbridge. If you're curious about the world of crystals and how they can support wellbeing, balance and self-discovery, this one-day in-person course is the perfect place to begin. The Foundation in Crystals and Crystal Healing training offers a powerful and practical introduction to working with the crystal kingdom. You'll learn what crystals are, how they support healing and wellbeing, the science behind crystal healing and how to work with crystals. The day is carefully designed to include both informative theory and hands-on experience, allowing you to connect with crystals in a truly intuitive and grounded way.

To deepen the learning, all students are invited to join a bonus online session on Tuesday, 18th November, where Gemma will share how to create crystal grids – a powerful method for amplifying your intentions.

In addition to Gemma's session, we will also be welcoming Chloe Smith, Chloe Mediumship, who is a gifted psychic medium, who will teach you how to raise your vibration higher, ground yourself, meditate and connect with your clair sense. A great opportunity to step beyond the ordinary and unlock unseen energies - guidance, healing and clarity await.

In addition to the MBS Academy, over the 3 days we are also offering our workshop programme, where a collection of internationally recognised spiritual experts Anne Malone, Nicky Alan, Kwali Kumara Melonie Syrett and Ya'Acov Darling Khan gather and offer everything from sound healing to movement practices.

You can secure your spots on these sessions now. The link to book is here

Don't miss this opportunity to connect, explore and grow at the Birmingham Mind Body Spirit Festival. Whether you're starting a new journey or deepening your path to wellness, our sessions promise an unforgettable experience.

Join us for 3 days that will ignite your spirit and transform your life!

Ticket Information : Tickets start from £16 (plus booking fees) at Mind Body Spirit Festival Birmingham.

For more information and tickets, visit: Mind Body Spirit Festival Birmingham National Exhibition Centre, Pendigo Way, Marston Green, Birmingham B40 1NT.

Opening Times:

Friday, 14 November 2025 : 11:00 – 18:00

Saturday, 15 November 2025 : 10:00 – 17:00

Sunday, 16 November 2025 : 10:00 – 17:00

Follow us on Social Media - Facebook: @mindbodyspiritfestival | Instagram: @mbswellbeing

For general enquiries, contact: info@mindbodyspirit.co.uk | Media Inquiries : Sarah Lloyd | Phone: 07917 840718 | Sarah@iamsarahlloyd.com

## Media:





## Related Sectors:

Entertainment & Arts :: Health :: Leisure & Hobbies :: Lifestyle & Relationships :: Women & Beauty ::

## Related Keywords:

Spirituality :: Mind Body Spirit :: Sound Healing :: Crystal Healing :: Exhibition :: Event :: Whats On :: Wellbeing Festival :: Health :: Lifestyle :: Pyschic ::

## Scan Me:

## Company Contact:

**Mind Body Spirit festival**

T. 07917840718
E. sarah@iamsarahlloyd.com
W. https://www.mindbodyspiritfestival.co...

View Online

**Additional Assets:**
https://drive.google.com/drive/folders/1QGdMLGHtEoDIOQZauTHjc2r9VjjN_YjD?usp=drive_link

**Newsroom:** Visit our Newsroom for all the latest stories:
**https://www.mindbodyspiritfestival.pressat.co.uk**