

# **Community Coffee Morning**

Friday 5 October, 2018

Mental health awareness training at Better Pathways

Hi Everyone and welcome to Better Pathways!

We have some exciting news as we will be holding our very first Coffee Morning for a chance to network and learn more about the Mental Health First Aid Training Courses we deliver.

When- Friday 26th October 2018 from 10:30am - 12:30pm

Where- Better Pathways 201-206 Alcester Street, Digbeth B12 0NQ

**What** – We are passionate about involving the local community to learn about the different mental health first aid training courses available for your organisation and discuss mental health in a friendly positive environment with our qualified instructors.

What better way to do this than over coffee and cake and a chat!

**Why-** To raise awareness about mental health, break the stigma around it and improve the understanding for people within the local community and Birmingham area.

If you would like to be a part of this or know anyone who may benefit from this then please register on the link below for free

https://www.eventbrite.co.uk/e/community-coffee-morning-tickets-50848353795

We are interested to make connections with local schools, businesses and organizations so please get involved!

Look forward to seeing you there

#### Media:



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## **Company Contact:**

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#### **Better Pathways**

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#### View Online

#### **Additional Assets:**

https://www.eventbrite.co.uk/e/community-coffee-morning-tickets-50848353795

**Newsroom:** Visit our Newsroom for all the latest stories:

https://www.betterpathways.pressat.co.uk

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