Charity expert comes to Worthing tinnitus support group to discuss “Will there ever be a cure for tinnitus?”

Tuesday 5 March, 2019

05 March 2019 An expert from the British Tinnitus Association (BTA) will be speaking at the next meeting of the Worthing tinnitus support group. The meeting will take place 2:00pm – 3:00pm Tuesday 9 March, at 2-6 Buckingham Road, Worthing, West Sussex BN11 1TH.

The group, organised by local charity Action for Deafness, enables people with tinnitus to meet others with the condition, hear useful tips on coping methods, find out what help is available and hear about the latest research.

Colette Bunker, BTA Volunteer and Support Group Manager whether there will ever be a cure for tinnitus, and talking about the work the BTA does to drive research into the condition.

Colette comments: “I look forward to coming to Worthing and speaking with the support group. Sharing the latest research is always exciting, and although there are still challenges to be overcome, the progress is heartening.”

Tinnitus is defined as the experience of sounds with no external source, most commonly ringing or buzzing, but sometimes experienced as whooshing, clicking or even music. Many people aren’t troubled by sounds they hear, but for around 10%, the condition has a significant impact on their quality of life, often linked to stress, anxiety or sometimes depression.

Colette adds: “Tinnitus can be an isolating condition, and we’re keen to spread the word that work is being done both in the UK and around the world to find better management techniques to reduce the burden of living with this condition and ultimately to find a cure.”

If you would like to find out more, please contact Action for Deafness on 01903 217341 or info@actionfordeafness.org.uk

Ends

Editors Notes

- The BTA is an independent charity which supports 645,000 people per year who experience tinnitus and advises medical professionals from across the world. It is the primary source of support and information for people with tinnitus in the UK.
- The BTA needs to raise £800,000 each year to continue their UK wide support. Donations can be made via **www.tinnitus.org.uk/donate**
- Not an illness or disease, tinnitus is a term that describes the sensation of hearing a noise in the absence of an external sound. The noise can have virtually any quality. Ringing, whistling, and buzzing are common, but more complex sounds may also be reported.

For more information

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