Charity expert comes to Norwich tinnitus support group

Wednesday 28 August, 2019

27 August 2019 An expert from the British Tinnitus Association (BTA) will be speaking at the next meeting of the Norfolk and Norwich tinnitus support group. The meeting will take place 2.00pm – 4.00pm Thursday 19 September at 14 Meridian Way, Meridian Business Park, Norwich NR7 0TA.

The group, facilitated by local hearing charity the Norfolk Deaf Association, enables people with tinnitus to meet others with the condition, hear useful tips on coping methods, find out what help is available and hear about the latest research.

Nic Wray, BTA Communications Manager will be discussing the latest tinnitus research focusing on the question “Will there ever be a cure?”

Nic comments: “I always look forward to coming to Norwich and speaking with the support group. Being among people who have tinnitus, listening to their experiences and how they manage it, can be inspirational. I feel I learn something every time I attend a group meeting from the discussions we have. It is particularly exciting to be sharing progress in research towards the much longed for cure.”

Tinnitus is defined as the experience of sounds with no external source, most commonly ringing or buzzing, but sometimes experienced as whooshing, clicking or even music. Around one in eight people experience persistent tinnitus. Many people aren’t troubled by sounds they hear, but for around 10%, the condition has a significant impact on their quality of life, often linked to stress, anxiety or sometimes depression.

Nic adds: “Tinnitus can be an isolating condition, and we’re keen to spread the word that there are management techniques which can help a person lead the best life they can, even if there is not currently a cure and to reduce the burden of living with this condition.”

If you would like to find out more, please contact tinnitus@norfolkdeaf.org.uk or phone 01603 404440

Ends

Editors Notes

- The BTA is an independent charity which supports 645,000 people per year who experience tinnitus and advises medical professionals from across the world. It is the primary source of support and information for people with tinnitus in the UK.
- The BTA needs to raise £800,000 each year to continue their UK wide support. Donations can be made via
- **Not">www.tinnitus.org.uk/donate**
- Not">... an illness or disease, tinnitus is a term that describes the sensation of hearing a noise in the absence of an external sound. The noise can have virtually any quality. Ringing, whistling, and buzzing are common, but more complex sounds may also be reported.

For more information

Nic Wray, Communications Manager

nic@tinnitus.org.uk

0114 250 9933

Emily Ducker, Volunteering and Engagement Support 0114 250 9933

EmilyD@tinnitus.org.uk

British Tinnitus Association

Ground Floor Unit 5 Acorn Business Park

Media:



Related Sectors:

Charities & non-profits :: Health ::

Related Keywords:

Tinnitus :: Hearing :: Deafness :: Hard Of Hearing :: Meeting :: British Tinnitus Association :: Self Help :: Tinnitus Treatment :: Norfolk :: Norwich :: Cure ::

Scan Me:

Woodseats Close

Sheffield, S8 0TB

Company Contact:

Tinnitus UK

T. 0114 250 9933
E. nic@tinnitus.org.uk
W. https://www.tinnitus.org.uk

View Online

Additional Assets:

Newsroom: Visit our Newsroom for all the latest stories:
https://www.bta.pressat.co.uk