# Charity brings free tinnitus support sessions to Leeds to help sufferers

**Friday 31 May, 2019**

**30 May 2019** The British Tinnitus Association are coming to Leeds to highlight the support that is available for people living with tinnitus. The Yorkshire based national charity will be running three tinnitus patient information sessions in the city as well as providing information about tinnitus to GPs and pharmacies and distributing information in community settings.

David Stockdale, Chief Executive of the BTA, said: “There are an estimated 84,000 people with tinnitus in Leeds alone, and a massive quarter of a million people in West Yorkshire are living with the condition. For 10% of them it will have a serious impact on their quality of life. Through our Tinnitus Support sessions, and the increased visibility of our information, we hope that as many of these people as possible will benefit from increased knowledge of tinnitus and how to manage the condition as well as from improved local support.”

Featuring presentations from renowned tinnitus experts, including Dr James Jackson from Leeds Trinity University, and input from audiologists Michelle Foster and Sandy Grimes, the tinnitus support sessions will be held at the Park Plaza Hotel, Park Plaza, City Square, Boar Lane, Leeds, LS1 5NS on Friday 28 June and Saturday 29 June.

Retired solicitor Pat Kelly from Calverley said “I’ve had tinnitus since 2012 and have to deal with it on a daily basis. There is bags of support out there and leading the way is the BTA, who are outstanding. I would say to anyone with tinnitus pick up as much information as you can, and the BTA are a reliable source of good, solid information and support and I can’t speak more highly of them.”

Places on the tinnitus support sessions are free but limited and attendees must register before the event – visit www.tinnitus.org.uk/leeds
to secure your place. Alternatively, please contact Marcus Bowen on 0114 260 9933 or email marcus@tinnitus.org.uk

**Ends**

**Editors Notes**

The BTA is an independent charity which supports 645,000 people per year who experience tinnitus and advises medical professionals from across the world. It is the primary source of support and information for people with tinnitus in the UK.

• The BTA needs to raise £800,000 each year to continue their UK wide support. Donations can be made via **www.tinnitus.org.uk/donate**

• Not an illness or disease, tinnitus is a term that describes the sensation of hearing a noise in the absence of an external sound. The noise can have virtually any quality. Ringing, whistling, and buzzing are common, but more complex sounds may also be reported.

**For more information and interview/photo opportunities**

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