Celebrated Cookery Writer Mridula Baljekar Wins Gourmand Award For Her Latest Book

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Mridula Baljekar's latest book, The Complete Indian Regional Cookbook has been awarded 'Best Indian Cuisine Book in the UK' for 2013. The book will now have automatic entry into the Gourmand International 'Best in the World' award the results for which will be announced at a glittering ceremony in Beijing in May 2014.

The book is beautifully illustrated with many stunning photographs which evoke the character of each region and the 300 recipes provide a delightful and inspiring range of dishes from this unsurpassed cuisine.

This is Mridula's second Gourmand Award. In 2006 she won 'Best in the World' for her Great Indian Feasts published by John Blake Publishing. "I am absolutely thrilled to be flying the flag again for Britain!" Says Mridula.

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