Caroline’s 70th birthday charity climb for tinnitus

Friday 27 August, 2021

70-year-old, Caroline Minns from Chichester, will be climbing Snowdon for the first time on Saturday 18 September with five members of her family raising money for the British Tinnitus Association (BTA). This charity is close to her heart as both of her daughters live with tinnitus, a debilitating condition that affects over 13,000 adults in the Chichester district alone, and one in eight people across the UK.

Caroline shared “My daughters both suffer from tinnitus and have done since they were young. It is a side effect of their inherited hearing loss. I know from them how difficult it can be to live with and the strain it creates, both emotionally and physically, for themselves and those close to them.”

“I want to be able to give future sufferers a chance to hear silence.”

The British Tinnitus Association’s vision is “A world where no one suffers from tinnitus” which Caroline fully supports. As well as raising vital funds for tinnitus research and support, Caroline will also be completing this as a personal challenge. “I wanted to do something meaningful for my 70th birthday and climbing Snowdon has been a challenge I have thought about for a few years. So why not accept my challenge and help tinnitus sufferers at the same time?! Please consider a donation, however small, and let us together, help those that suffer with this little understand condition. Thank you.”

The BTA’s Fundraising Officer Jess Pollard commented “We’re thrilled that Caroline and her family will be climbing Snowdon in support of our work, and are so grateful for the time, dedication and effort they have already put in. We’ll all be cheering them on!”

Please help Caroline reach her fundraising goal of £1,000 by donating at justgiving.com/fundraising/carolineminns, or email fundraising@tinnitus.org.uk take part in your own challenge.

- Ends -

For more information

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Editors Notes

About the British Tinnitus Association

The British Tinnitus Association is an independent charity and the primary source of information for people with tinnitus. It helps to facilitate an improved quality of life for people with tinnitus through a range of support options including support groups, a helpline and its website, while also taking steps to bring forward the day when tinnitus is cured. The charity works to inform and educate medical professionals and the community on what tinnitus is and how to manage it. The British Tinnitus Association wants “a world where no one suffers from tinnitus”. It wants to find better ways to manage tinnitus and, ultimately, to help find a cure. In 2020, the publication of its Tinnitus Manifesto led to more than 120,000 people signing a petition for more funding for tinnitus research to find cures.

Website: www.tinnitus.org.uk

Twitter: @BritishTinnitus

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