

## Broadway Lodge Rehab Launches Podcast

Tuesday 24 March, 2020

Abstinence-based addiction treatment centre Broadway Lodge have today launched their new podcast called 'Miracle Mansion'. The first episode is now available to download on Apple Podcast/iTunes and Spotify.

The series will feature Markkus, Head of Treatment & Counselling, talking to current and former Broadway Lodge clients as well as loved ones who have been affected by someone else's addiction. The podcast aims to allow listeners to learn about very personal first-hand experiences of addiction and what has helped them to cope through such an emotional and challenging time in their lives.

Charlotte Thorpe, Marketing Officer at Broadway Lodge said, "Addiction is a very isolating illness and is misunderstood by many in society. Podcasts enable us to utilise another method of communication with the wider world to give society a real insight into addiction but to also help others who are suffering with the illness to feel less alone and to give them some hope that they can recover."

The first episode is all about Vicky's story. Vicky suffers with dual diagnosis whereby her addiction exists alongside complex mental health conditions including Emotionally Unstable Personality Disorder. Mum-of-three, Vicky, battled with many obstacles during her six months stay at Broadway Lodge but transformed her attitudes and behaviours. She discusses her treatment experience and how her thinking has changed as a result of the therapeutic work undertaken.

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