Brendan's triathlon challenge for tinnitus charity

Monday 23 May, 2022

55-year-old Brendan Whyatt, a registered nurse from Cinderford, will be taking to the water and the road as he tackles the Cromhall Sprint Triathlon on 8 June 2022 for the British Tinnitus Association (BTA). The BTA is the only national charity that solely funds tinnitus research and supports people living with tinnitus.

Tinnitus is a debilitating condition where people hear noises in the head and/or ears which have no external source. There is currently no cure. Tinnitus affects 73,000 adults in the Forest of Dean district alone, and one in eight nationwide – over 7 million people.

Brendan shared, “I was diagnosed with tinnitus in 2006 and in 2009 it became more severe. Tinnitus can cause significant restriction to the sufferer’s life.”

The British Tinnitus Association’s vision is “A world where no one suffers from tinnitus” which Brendan fully supports. He said: “Currently there are no formal treatments for this disturbing, disruptive and potentially life destroying disease. But there is hope! The BTA and researchers around the world are working hard to find a cure for tinnitus.”

Brendan’s challenge involves a 750m open water swim, a 17 km bike ride and a 5 km run.

The BTA’s Fundraising and Supporter Engagement Manager Sabiya Hussain commented, “We’re thrilled that Brendan will be taking on this gruelling swim, cycle and run to raise funds for the BTA. We really appreciate his time, dedication and support for the tinnitus community and the work we do. We’re all wishing him the best of luck in the final few days of training!”

Please help Brendan raise reach his fundraising goal by donating at https://www.justgiving.com/fundraising/brendanwhyatt or email fundraising@tinnitus.org.uk take part in your own challenge.

- Ends –

For more information

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Editors Notes

About the British Tinnitus Association

The British Tinnitus Association is an independent charity and the primary source of information for people with tinnitus. It helps to facilitate an improved quality of life for people with tinnitus through a range of support options including support groups, a helpline and its website, while also taking steps to bring forward the day when tinnitus is cured. The charity works to inform and educate medical professionals and the community on what tinnitus is and how to manage it. The British Tinnitus Association wants “a world where no one suffers from tinnitus”. It wants to find better ways to manage tinnitus and, ultimately, to help find a cure. In 2020, the publication of its Tinnitus Manifesto led to more than 130,000 people signing a petition for more funding for tinnitus research to find cures.

Website: www.tinnitus.org.uk

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