Boost Immunity With Shaken Udder Milkshakes This Winter

Thursday 13 November, 2014

Picture this, you've just started your new year diet, but you're struggling to find something tasty and nutritious that will fill you up until lunch or keep you going until tea? Well look no further, Shaken Udder is the perfect low fat, but totally delicious choice.

Whether you're trying to avoid those mid-morning or late afternoon sugar cravings, or simply want to find a way to bring some balance to your diet, Shaken Udder milkshakes can fit well into a healthy eating regime.

Produced using only the freshest British milk and all-natural ingredients, each 330ml bottle is chocked full of calcium and Vitamin B12, which will also help boost your immunity while you lose weight or get fit.

Plus, with a low fat and low sugar content and made using semi-skimmed milk, Shaken Udder milkshakes will fill you up, without ruining your diet.

Shaken Udder Milkshakes are available in three tasty flavours: Vanillalicious, Top Banana and Chocolush (RRP £1.49) and are available in Tesco, Sainsbury's and Waitrose stores.

For more press information, or to try Shaken Udder's milkshakes, please contact Nikki Whiteford at Nicola Whiteford PR on nikki@nicolawhitefordpr.com or call 07733 261843. To find out more about Shaken Udder please visit www.shakenudder.com

[Note to Editors]

- Shaken Udder launched in 2004 as a top-notch event based brand, bringing fresh, tasty and healthy milkshakes to festival goers across the country.
- Shaken Udder Milkshakes come in two formats, its 330ml bottles in flavours Vanillalicious, Top Banana and Chocolush and its new kids cartons in Strawberry, Chocolate and Banana
- Shaken Udder milkshakes are available from Tesco, Sainsbury's and Waitrose.
- To find out more about Shaken Udder please visitwww.shakenudder.com

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