

Bob MacFarland Sensei's 40th Year of teaching Aikido in Brighton.

Sunday 10 September, 2017

In order to help celebrate Bob MacFarland's 40th Year of teaching Aikido in Brighton the students and teachers of Brighton Ki Society are holding two free taster sessions of Ki and Aikido as well as finishing by giving a demonstration of Ki and Aikido. It is his hope that both his current students and also as many of his past students join us by participating in these celebratory free Taster Sessions.

All
are most welcome to participate the following:-

First Free Taster Session Ki (Unification
of Mind and Body) on 13:30 to 15:00 pm

Second
Free Taster Session Aikido (Way of Harmony) on 15:00 to 17:00 pm

Ki & Aikido Demonstration on 17:00 to 17:30 pm

At
the Brighton Ki Centre, 12 Queen Square, BN1 3FD. For more information visit:
<http://brightonkisociety.org.uk/>

Media:



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