

BellaVista Promotions Outline the Importance of Developing Successful Habits

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Plymouth-based outsourced sales and marketing company [BellaVista Promotions](#) suggest that success in life is the result of continuously developing good habits.

Over the past few weeks, BellaVista Promotions have been looking at the importance of developing good habits. "Successful people rely on continuously developing good habits," explains [Haidee Tucker](#), entrepreneur and Managing Director of BellaVista Promotions. The firm's research reveals that many of the UK's wealthy entrepreneurs possess the same successful habits; which amongst others are consistency, self-development, being surrounded by like-minded people and taking risks. BellaVista Promotions take a look at these habits and explain how they support entrepreneurs by encouraging them to change existing bad habits effectively into good habits.

About :<http://www.bellavistapromotions.co.uk/>

Consistency

Being consistent is the key to success. Doing things once or from time to time will not have an impact on the overall result. "If you decide to lose weight for example and eat healthy for one day, you won't achieve significant weight loss," explains Haidee Tucker of BellaVista Promotions. "Repeating the new eating habits consistently will help you accomplish your goal," adds Haidee Tucker.

Self-development

Successful entrepreneurs spend a significant amount of time per week in their own development, whether this means learning a new language, attending social media classes, exercising or taking part in a cooking course. Haidee Tucker of BellaVista Promotions insists: "The moment you stop investing time in yourself you stop investing in your future."

Spending time with like-minded people

BellaVista Promotions suggests entrepreneurs to surround themselves with like-minded people who strive for success and have a positive attitude. "The beauty of being an entrepreneur is that you can select who you want to work with, so make sure you spend time with people who can help you thrive," says Haidee Tucker of BellaVista Promotions.

Taking risks

"If you don't take risks, you won't move forward," adds Haidee Tucker. Successful entrepreneurs understand that it is important to get out of their comfort zone in order to achieve even greater results.

BellaVista Promotions is an outsourced event sales and marketing company based in Plymouth. The firm supports entrepreneurs who want to open up and run their own business and seek the relevant support and guidance in order to get started. Haidee Tucker of BellaVista Promotions explains: "When we meet with entrepreneurs, we sit down with them and analyse their habits. Anyone can be successful if they are willing to look at their existing habits, accept to change some of them to become more successful and maintain consistency."

In order to transform existing bad habits into successful ones, BellaVista Promotions suggest entrepreneurs to reward themselves and the people involved each time a new habit is practiced. Haidee Tucker explains that when the firm first implemented a daily morning meeting, they used verbal rewards as motivation for participants: "At first, people found it challenging to leave their things to attend a 20 to 30-minutes meeting every morning. We find it very important to get together, discuss the points of the day and get an operational update. Therefore, at every meeting, we thank attendees for joining us and end the briefing by celebrating great achievements from the previous day," explains Haidee Tucker of BellaVista Promotions. As a result of implementing a daily morning meeting, the firm has increased productivity by over 30 per cent and maintained high levels of motivation and engagement.

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