

## ?Author Chris Hill to Share the Secret to Beating Addiction in his groundbreaking New Book

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When Chris Hill lost his twin brother to alcohol and drugs, it became his life's passion to educate others on the process of beating addiction. His own life has been a journey through all kinds of addictions, from smoking his first cigarette at the age of 7 to using crack cocaine and heroin some 20 years later.

"I always knew there was something fundamentally wrong with what I was doing but I had no way out, or so I thought," said Chris.

After 100 attempts lead Chris to study the subject of addiction for over 10 years to discover the secret to sustaining his recovery. And now, he wants to share this knowledge with the world through his highly anticipated book titled, *Get Your Life Back – The Road to Freedom from Addiction*.

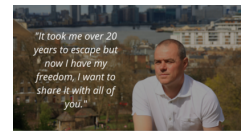
"Unless you truly understand the impact addiction has on the human mind, it is nearly impossible to make the necessary changes in your life," added Chris.

To coincide with the launch, Chris will be leading a 24 hour Facebook live stream from his home in South London where he will be joined by guests. The stream will start at 00:01 on Friday 30th and ending at 23:59. Chris will be raising money for the Samaritans during this live event.

[The book can be ordered in paperback here on Amazon](#)

You can help Christopher Hill raise money for the samaritans by donating directly to his

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